


12th Edition 2019 - 2020

Lime & Dine

GRENADA CARRIACOU PETITE MARTINIQUE



FREE MAGAZINE & APP



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And at night, I shined.

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The interior of our island offers spectacular verdant glory. A rainforest, volcanic crater lakes, waterfalls, hot springs... our coastlines offer gorgeous beaches, dramatic rock formations, the World's First Under Water Sculpture Park... the Caribbean sea and the Atlantic ocean.

If you're an adventurer & explorer, then prepare for a treat! Not only with our islands

unequaled natural beauty, but with our people too. All you have to be is here, and open to the experience! That's what Grenada is really about.

You'll make friends, that's guaranteed, as Grenada's people are as captivating as our island, warm and friendly and, like any spice, a necessary ingredient to add that special flavour to your stay.

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The Spice of the Caribbean

 GRENADA
HOTEL AND TOURISM ASSOCIATION



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GRENADA



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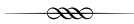
PURO

Slow down and enjoy the night with over 150 pure rums and fine cigars from around the world.

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Hog Island, St. George, Grenada



Grenada is blessed with many small islands and sandbanks, off its main coastlines, set in the clearest blue & turquoise waters.

Hog Island, just a short boat ride away from the fishing village of Woburn, St. George, on our southern coast, is a perfect limin' spot; in the water and on shore. Local fishing boat, "Higher Level", took us there to get this year's cover shot!

However, to continue to enjoy and share this natural beauty with you, we must take care of it. Small island beaches recede and disappear and natural sandbanks face erosion with the reality of climate change, human negligence and lack of positive protection.

The preservation efforts we are making on behalf of our islands' flora and fauna also have to include measures to ensure the perpetuance of our country's history, heritage and culture.

In this edition of Lime & Dine we invite you on a journey of introduction and discovery, across the length and breadth of our islands. Our intent is to share with you an intriguing combination of people, foods, traditions and heritage. These fascinating and beautiful facets of the Spice Isles make us a diamond in the Caribbean. A destination of never ending surprises and completely unique.

Care is taken to ensure that all information in this publication is accurate and current at date of publishing. The publishers will not be held liable for any changes, omissions and/or errors, which may become evident after publication.



Lime & Dine

GRENADA CARRIACOU PETITE MARTINIQUE

2019 - 2020

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Join us in our next edition by contacting:



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Minister's Welcome



I am delighted as Minister for Tourism and Civil Aviation, to personally express a warm welcome to our tri-island state of Grenada, Carriacou & Petite Martinique.

As destination Pure Grenada, makes waves globally, contributing to strong arrival growth, we are eager to share with you the spectrum of interesting places and entertaining events the island has to offer year- round. Whatever your interest, we have something that will suit your needs.

Imagine quenching your thirst for adventure, as you drive an ATV along the coast and into the interior of the island, while engrossing yourself in the captivating scenery. Visit our abundant local and internationally renowned restaurants, and the many street food spots, to immerse your taste buds in our delectable cuisine, filled with local spices produced on island.

You are invited to soak up the sun, while experiencing one of our many white and black sand beaches, waterfalls and gardens. Hang out and dine with our friendly people at the sailing regattas, sports fishing events, music festivals, Spicemas, Chocolate Festival and many others listed on our calendar of events.

It is my expectation that this magazine will be the perfect guide to explore our destination. I wish you an enjoyable stay in destination Pure Grenada and feel free to take with you as many memories as you can carry, to share with family and friends.

I look forward to welcoming you back to our tranquil island soon.


Hon. Dr. Clarice Modeste-Curwen

**MINISTER FOR TOURISM
AND CIVIL AVIATION**

Lime & Dine is distributed annually in the Spice Isles and proudly represents Grenada, Carriacou & Petite Martinique in the Regional & International Markets.



Limin' Talk

Proper

Prim & Proper

De ting tie up me mout' oui It was so sour it made my mouth excessively dry and put my teeth on edge.

Wah Go? How are you?

Ah Dey I'm doing very well, thank you.

We cookin' wid gas Things are going extremely well, with great forward moving momentum.

Water-boots Wellington boots by any other name!

Tek it wid ah long spoon Be quite sure not to trust him/her too easily; take whatever they say or do with a big pinch of salt.

He go fall standing up No matter what, he will never renege his position or admit he's wrong.

Gimme a good rounds, eh Make my haircut well defined especially around the forehead, ears and neckline.

Fuh so... Do whatever it is, as much as you want or can - i.e. "he cud talk fuh so" ...this individual is positively garrulous. Lime fuh so... (we hope you're doing that already!)

Dress up Could you possibly move over a smidgen so that there is room for me?

Nuttin' ain' missin' yuh! You seem to know everything about everyone and to be at every event.

Ah luv yuh like cook food I really do love you, very much.

Oh gooosh! Never! Absolutely no way, you cannot be serious! N.B This has to be screamed at highest volume to have the correct effect and meaning!

Yuh have sweet han' You really have outstanding culinary skills, everything you make tastes absolutely delicious.

You should have noticed by now that we have mastered the art of great economy with words. A few well chosen ones, and even noises, can express a wealth of meaning and are completely understood.



@limeaddine
#limersanddiners

STOP.

BEFORE
YOU TURN
THE PAGE

SCAN.

TO GO TO
YOUR APP
STORE

GET.

OUR FREE
APP NOW



FIND A SERIOUS LIME!



Grenada Tourism Authority

Welcome to Pure Grenada,
the Spice of the Caribbean



Last year was a milestone year for Tourism in Grenada, where we welcomed over half a million visitors to our shores, whether on a cruise into the picturesque harbour town of St. George's, a yacht into our ten world class marinas, or on a plane to stay in one of our beautiful properties.

The word is getting out about this hidden gem of a destination, which has six parishes on the mainland and two sister islands. Grenada may be small on the world map, but it is large in so many ways. Large, in that within each of these parishes there is so much to see and do, from St. Patrick in the north to the islands of Carriacou and Petite Martinique.

The sister islands have unique, well preserved traditions of big drum, string band, Shakespeare Mas and Parang not to mention the rich boatbuilding heritage.

The beauty of the destination is that everything is within close proximity, so you can be swimming on the World Famous Grand Anse beach in the early morning, snorkeling at the World's First Underwater Sculpture Park before lunch and hiking in the rainforest around Grand Etang Lake in the afternoon.

One can do this all, in time to return, relax and get ready for a great night of dining and entertainment, as Grenada is large in musical talent from soca to reggae and soul to calypso.

Grenadians are large in personality and well known as the friendliest of people, so it is easy to connect with locals wherever you go.

We have a large list of outdoor activities, with a plethora of immersive experiences, from waterfalls, to the sulphur springs, to the dive sites, including the renowned dive wreck Bianca C. We offer a diversity of experiences from sailing tours, food tours, garden tours, rum tours and our increasingly popular chocolate tours.

As for the wellness theme, people feel at ease once they land on the island, greeted by the scent of spices filling the air. Our abundance of spices, cinnamon, nutmeg, cloves, are everywhere to be found; from the charming spice vendors at the Grand Anse Craft & Spice market, to the spice infused food and drink, to the exotic spice treatments in the island spas. It's what makes Grenada special and why we are known as the Spice Island.

We at the Grenada Tourism Authority welcome you to Pure Grenada, the Spice of the Caribbean and we are confident that once experienced you will come back again and again.

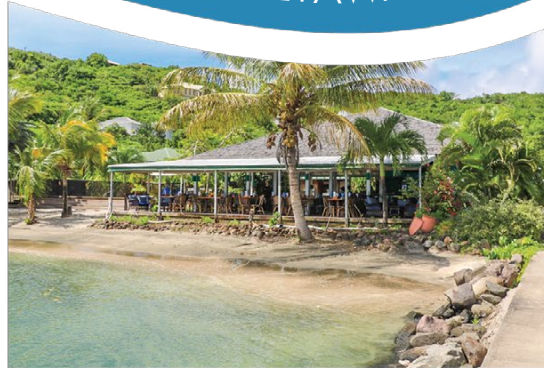
Visit www.puregrenada.com to explore.

Patricia Maher
Chief Executive Officer
GRENADA TOURISM AUTHORITY



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You May Need to Know...

WHAT LANGUAGE IS SPOKEN IN GRENADA?

See 'Limin' Talk' -- on page 6

WHEN YOU CAN GET YOUR MONEY?

Bank opening hours: Monday to Thursday 8:00am - 2:00pm. Friday 8:00am - 4:00pm

HOW MUCH OF OUR MONEY YOU WILL GET FOR YOURS?

Currency exchange rate US \$1.00 to EC\$2.67. This rate is tied. Other currencies are subject to fluctuation in exchange rates. Major credit cards are accepted by most businesses however, checking may be advisable, particularly for smaller establishments.

WHEN ARE SHOPS AND BUSINESSES OPEN?

Monday to Friday 8:00am - 4:00pm. Saturday 8:00am - 12midday (excluding offices).

Several larger supermarkets also stay open into the late evening and all day Saturday & Sunday.

WHAT TO PLUG IN SO YOU DON'T GET SHOCKED?

Electricity - 220 volts - appliances using 110 volts can be used with a transformer.

However, many establishments are wired for dual voltage, please check with the proprietor if you are unsure.

WHICH IS THE RIGHT SIDE OF THE ROAD TO DRIVE ON?

Driving is on the left-hand side of the road. A local driving permit is required and you must wear a seat belt. Please also note that use of cellular phones, whilst driving, is illegal without a hands-free device. Wearing of a helmet

for scooters and motorcycles is also obligatory.

HOW TO USE THE LOCAL BUSES?

A great experience! Local buses travel all around the island and are very inexpensive. Check the number & route, and confirm your fare, once you have chosen your destination.

Taxis are also readily available at the airport & hotels. If you need one your hotel & guest-house staff will be happy to assist in arranging transportation for you.

See page 64 for more details and feel free to ask for further information at your hotel reception desk.

TAXES?

Most hotels and restaurants add a service charge of 10% & VAT at 15%.

Tipping is at your discretion.

APPROPRIATE APPAREL?

Out of respect for our culture we request that you keep your swimwear for the beach, and that you please put on a few more clothes, when you leave it to go elsewhere.

HOW TO TRAVEL TO CARRIACOUC & PETITE MARTINIQUE?

By sea: Osprey Lines operate a daily service from the Carenage, St. George's telephone: **440-8126**. The Dolly C operates from the cargo port on Port Highway on Mondays, Wednesdays & Saturdays. Other cargo boats also take passengers to Carriacou several times a week, and are very inexpensive. You

will find these on The Carenage, St. George's

By air: St Vincent Grenada Air (SVG) operates a daily service from Maurice Bishop International Airport, telephone: **444 3549**

IMPORTANT TELEPHONE NUMBERS

Emergency Services: **911**

Police Headquarters: **440-3999**

Grenada Coast Guard: **444-1931**

General Hospital, St. George: **440-2051**

Princess Alice Hospital, St. Andrew: **442-7251**

St. Augustine's Medical Services, St Paul, St. George: **440-6173** (Private Hospital)

Maurice Bishop International Airport (MBIA) **444-4101**

Lauriston Airport, Carriacou: **443-6306**

Mount Royal Hospital, Carriacou: **443-7400**

INTERNATIONAL CALLS

Grenada's country code is **(473)**

To call the UK dial **011 (44)** and remove the 0 (zero) if there is one, at the start of the telephone number you are calling. **Eg 011 44 0207... = 011 44 207...**

To dial North America and other Caribbean islands dial **(1) before the country code.**



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VERIFICATION AND APPROVAL



"Life is precious... put it in the right hands"



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No.12

2019 - 2020

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Limin' Time

SUNDAY

Le Phare Bleu - All Day Breakfast until 3:00pm
Featuring Deluxe Bloody Mary Station

Punj-Abi - Free Dessert with Combo Meal - Mon - Sun 11:00am - 10:00pm

Dodgy Dock - Family Brunch 11:30am - 3:00pm

Coconut Beach - BBQ 12 noon - 4:00pm & Live Music 2:00pm - 4:00pm

Aquarium - All Day BBQ. Live Music from 3:00pm

Round House - Roast Lunch - First Sunday of Every Month

61 West - Beer Bucket Special All Day! 6 for \$30. Live Music 6:00pm - 9:00pm

Movie Palace - Family Sunday - Family Discount Packages from 3:00pm

Secret Harbour - \$10 All Day Cocktail Special & Daily Happy Hour 4:00pm - 7:00pm

Prickly Bay - Daily Happy Hour 5:00pm - 6:00pm. Family Night Plus a Movie from 6:30pm

Umbrellas - \$10 Bahama Mama All Day Special. Live Music from 5:30pm

Arawakabana - Dinner from 7:00pm. Live Band 8:00pm - 10:00pm

MONDAY

Grenada Golf Club - Open Every Day 8.00am - 7.00pm

Punj-Abi - Free Dessert with Combo Meal - Mon - Sun 11:00am - 10:00pm

Umbrellas - \$10 Rum Punch All Day Special - Happy Hour 5:00pm - 7:00pm

Le Phare Bleu - Daily Happy Hour 4:00pm - 6:00pm

Secret Harbour - \$10 All Day Cocktail Special & Daily Happy Hour 4:00pm - 7:00pm

Victory Bar - Daily Happy Hour 5:00pm - 6:00pm

Dodgy Dock - Sunset Yoga 5:45pm - 6:45pm. Pizza & Beer Special from 6:00pm - 10:00pm

Prickly Bay - Buy a Drink & Get Your Pizza for ½ Price 6:00pm - 10:00pm

Off the Hook, Carriacou - Half or Full Day Trips to Sandy Island, White Island or Tobago Cays. Call to Book

Corsair Sailing Charter & Experiences - Book a Day(s), Dinner or Celebration Event Custom Charter

TUESDAY

Punj-Abi - Free Dessert with Combo Meal. Mon - Sun 11:00am - 10:00pm

Secret Harbour - \$10 All Day Cocktail Special & Daily Happy Hour 4:00pm - 7:00pm. Latin Night - 8:00pm - 11.30pm with One Hour Salsa Lesson

Le Phare Bleu - Daily Happy Hour 4:00pm - 6:00pm. 3 for 2 Pizza - Buy 2 Get 1 Free!

Movie Palace - Students with ID Get Discount from 4:30pm

Dodgy Dock - Daily Happy Hour 5:00pm - 6:00pm. Rum & Chocolate Tasting 5:00pm - 6:00pm & Grenadian Night - Live Music from 7:30pm

Prickly Bay - Daily Happy Hour 5:00pm - 6:00pm. Trivia & Pasta Night from 6:00pm

Umbrellas - \$10 Dark n Stormy All Day Special - Happy Hour 5:00pm - 7:00pm

61 West - Happy Hour Special on Cocktails, Vodka, Rums & Beers 5:00pm - 7:00pm

Arawakabana - Buffet Dinner from 7:00pm - & Live Band 8:00pm - 10:00pm

WEDNESDAY

Dodgy Dock - Yoga 8:30am & 5:45pm. Monday - Friday

Punj-Abi - Free Dessert with Combo Meal - Mon - Sun 11:00am - 10:00pm

Secret Harbour - \$10 All Day Cocktail Special & Daily Happy Hour 4:00pm - 7:00pm. "Fast Food" Special 4:00pm - 7:00pm

Le Phare Bleu - Daily Happy Hour 4:00pm - 6:00pm. Wine Wednesday - ½ Price Wine Specials

Movie Palace - 2 for 1 Movies from 4:30pm

61 West - Westerhall Rum Drinks All Day Special. Live Music - 6:00pm - 9:00pm

Umbrellas - \$10 Blushing Bitch All Day Drink Special. Happy Hour 5:00pm - 7:00pm

Off the Hook, Carriacou - Bonfire, BBQ & Live Music 6:30pm - until

Dodgy Dock - Street Food, Music & Drinks 6:30pm until

Prickly Bay - Big Fun Bingo & Drink Specials from 7:45pm

Sunsation - Island & Grenadine Tours. Call to Book

THURSDAY

Grenada Golf Club - Open Every Day 8:00am - 7:00pm

Dodgy Dock - Cooking Class 3:30pm - 4:30pm

Victory Bar - Daily Happy Hour 5:00pm - 6:00pm

Le Phare Bleu - Daily Happy Hour 4:00pm - 6:00pm

Secret Harbour - \$10 All Day Cocktail Special & Daily Happy Hour 4:00pm - 7:00pm

61 West - Happy Hour Special on Cocktails, Vodka, Rums & Beers 5:00pm - 7:00pm & Live Music - 6:00pm - 9:00pm

Prickly Bay - ½ Price House Spirits & Taco Night from 5:00pm

Umbrellas - \$10 Umbrella Cooler - All Day Drink Special. Happy Hour 5:00pm - 7:00pm

Coconut Beach - Live DJ & \$1.00 Wings 6:30pm - 10:00pm

Dodgy Dock - Cocoa Thursday from 7:00pm - Salsa & Tango Class 7:00pm - 8:00pm

Arawakabana - Dinner from 7:00pm. Live Band 8:00pm - 10:00pm

Incognito Adventures, Carriacou - Call to Book an 'All Inclusive' Day Charter

FRIDAY

Dodgy Dock - Yoga 8:30am & 5:45pm. Monday - Friday

Le Phare Bleu - Daily Happy Hour 4:00pm - 6:00pm Live Music on Lightship 8:30pm

Secret Harbour - \$10 All Day Cocktail Special & Happy Hour 4:00pm - 7:00pm Daily

Victory Bar - Texas Smoked BBQ 5:00pm 'til Late. DJ from 6:00pm - Happy Hour 5:00pm - 7:00pm.

Prickly Bay - Happy Hour from 5:00pm-7:00pm. Party Night - Live Steel Pan & Band Music from 6:30pm

Umbrellas - Happy Hour 5:00pm - 7:00pm. Live Music from 7:00pm

61 West - Happy Hour Special on Cocktails, Vodka, Rums & Beers 5:00pm - 7:00pm & Live Music - 6:00pm - 9:00pm

Wayne's Bar, Carriacou - Weekend Lime & Music from 6:00pm

Dodgy Dock - Mexi-Caribbean Night - Live Music & Dance from 7:00pm

Arawakabana - Dinner from 7:00pm & Live Band Steel Pan Music 8:00pm - 10:00pm

SATURDAY

Dodgy Dock - Yoga 9:00am

Punj-Abi - Free Dessert with Combo Meal Mon to Sun 11:00am - 10:00pm

Coconut Beach - Fish Broth from 12 noon to 4:00pm

Le Phare Bleu - Daily Happy Hour 4:00pm - 6:00pm. Poolside BBQ 12midday - 6:00pm. Sundowners 5:00pm - 7:00pm

Secret Harbour - \$10 All Day Cocktail Special & Daily Happy Hour 4:00pm - 7:00pm

Dodgy Dock - Daily Happy Hour 5:00pm - 6:00pm. Calypso BBQ and Live Music from 7:00pm

Umbrellas - \$10 Pain Killer All Day Drink Special Happy Hour 5:00pm - 7:00pm. Live Music from 7:00pm

Prickly Bay - Buy a Drink and Get Your Pizza for ½ Price 6:00pm - 10:00pm

Victory Bar - Daily Happy Hour 5:00pm - 6:00pm Live Band from 7:30pm.

61 West - Happy Hour Special on Cocktails, Vodka, Rums & Beers 5:00pm - 7:00pm & Live Music - 6:00pm - 9:00pm

Arawakabana - Buffet Dinner from 7:00pm & Live Band Steel Pan Music 8:00pm - 10:00pm

Street Food - Wall Street, Grand Anse, St. George - Every Wednesday & Friday

Fish Friday - Gouyave, St. John - Every Friday 6:00pm

Local Market - Every Saturday - St. George's Town from 6:00am - Midday. Grenville, St. Andrew - All Day

Sunset City Food Festival, Victoria - Last Saturday of Each Month

Mt Moritz Breakfast - Mt Moritz, St. George - Last Sunday of Each Month

Spice Island Billfish Tournament - January Annually

Grenada Sailing Festival Work Boat Regatta - February Annually

Carriacou Carnival - February or March (Weekend and Mon & Tuesday before Lent) Annually

GRENSAVE International Food & Drink Festival - March Annually

Grenada Chocolate Festival - May Annually

Grenada Beer & Wine Festival - "Uncorked" - April Annually

Grenada Spice Mas Carnival - August Annually

All information is accurate as at time of publishing. Please note this information is provided as a guide and that some activities listed may take place in high season only. It is recommended that you call your chosen venue and confirm, to avoid any disappointment. Please see index on page 128 for contact numbers.



Limin'

We usually explain limin' as our version of chillin' or hanging out. However, we have discovered a refinement, which makes a subtle, but important differentiation between our 'limin', and the 'chillin', of other parts of the world.



It says; "you 'lean into a lime', it's a positive action, you anticipate and make a plan for it." Not one of those detailed schedule type plans, but one that says; **I'm not letting the moment pass by without making something happen.** Definition: The art of doing something!

It's not just about what you do, it's about doing it with the right attitude. A limin' - attitude!

To make it an unforgettable lime of epic future storytelling potential, the right mix is imperative.

A group of pardners, yup pardners. You know who we mean? People who really get each other. You may not lime together every day, week or month, but when you do, the lime is always sweet! It's great when this includes family.

When 'leaning' into the lime', it's always good to have at least one person who is masterful at talking pure rubbish. Do not take them for granted, it's not a skill to be taken lightly! No matter what topic arises, they

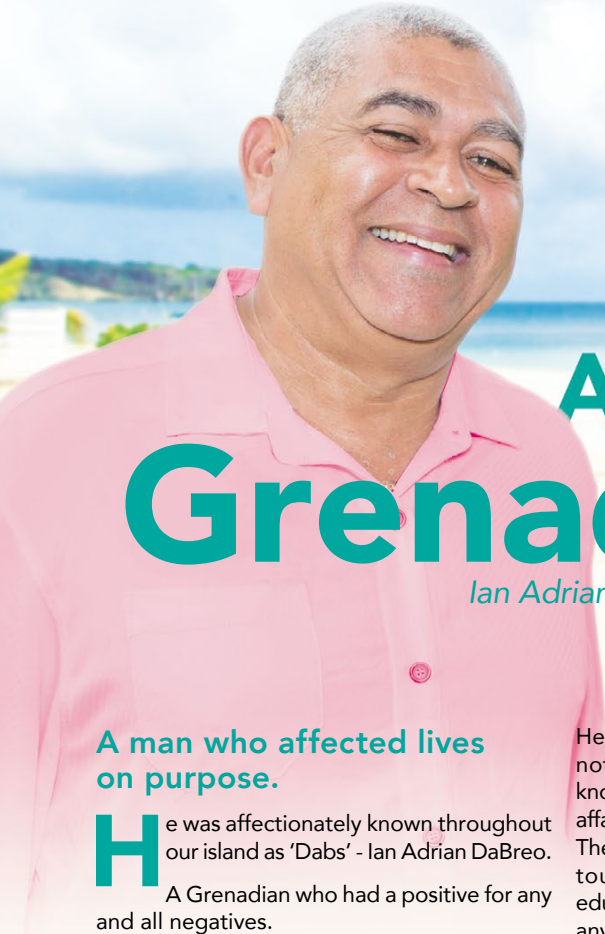
always have a 'meaningful' comment, which makes for riotous laughter, back slapping, jaw dropping, head holding & shaking, at the totally brilliant idiocy they seem to have a never-ending supply of!

You have the person in mind already? Excellent! They have to be at your very next lime, when you get back home!

But for now, lean into your limin' choices with us.

Woosah, you're in the Spice Isles!

**BTW,
we're not
budging
on this one
- you cannot
truly lime
online!**



A Pure Grenadian

Ian Adrian DaBreo: 1956 - 2018

A man who affected lives on purpose.

He was affectionately known throughout our island as 'Dabs' - Ian Adrian DaBreo.

A Grenadian who had a positive for any and all negatives.

In spite of many years spent abroad, Grenada was etched into Ian's DNA. 'You can take a person out of a place, but not the place out of them', may seem to be a cliché, but it is a perfect definition of who he was. Right up to the last, his eyes had a sparkle, and glistened, when he thought and spoke of "home".

His opportunity to return home permanently, from Canada, arrived in 1999. He took it and embraced all that Grenada was, and could be; and Grenada embraced him.

The family business was in hospitality, perfect for his warm approach and sharp business acumen. He saw people for who they were and what they could be. Coupled with his extrovert and generous nature, it was a winning combination.

He was a gentleman and a scholar!! Maybe not always 'book studious', but certainly knowledgeable, and up to date on all current affairs - with an opinion on just about everything. The subject closest to his heart was Grenada; tourism, cars, politics, business, traffic, education, drag racing... any and all aspects of anything that touched on our Tri-island state, nothing was too trivial or too herculean!

Whenever you saw him, in town or in the country, he was always surrounded by some activity, or at the hub of it. Yet somehow, he could still find more time to accommodate something he considered worthwhile. No involvement was ever half-hearted; he didn't do 'fingers in pies', he did 'hands', both hands, in anything he could participate in, that he felt would make Grenada and Grenadians better. Young, old, rich or poor; it didn't make a difference to him. His presence requested on boards and committees, straddling all manner of island governance, bore testament to that truth, and acknowledged a razor-sharp mind!

An ordinary man, who was an extraordinary person; he never found

himself a square peg in a round hole, because he was always completely at home, with that special ability to fit in anywhere - or at any lime! Even at a meeting with the Prime Minister, to express a considered opinion, or a new idea!

Ian could never pass up an opportunity for a good debate or fun quarrel! If his premise was a little precarious and he needed to buy some time to win the argument, his favourite expression, was; 'hold on, hold on!'...that few seconds was enough for him to regroup to another position and continue to fuel whatever controversial discussion he was fully engrossed in; conceding was not on the cards! When his opponent was completely frustrated, he would smile and say, 'we just talking', and laughter would ensue.

'Don't worry' – were his words for the other situations, the more serious ones. Ever thoughtful, before responding patiently and kindly. He always tried to never have a one-dimensional view of anyone, thing, or situation. He was a 'find- a- solution' and 'get- it- done' person, not, wait for someone to do it for you. Not that his way was always best, but it was always with the best intention - and there was naturally a Plan B for down the road!

He worked hard and played hard! It was his personal mission to close down any 'Hash', he attended; 'out-limin' all and sundry, heavily engrossed in conversation on any and all topics! This made him a great scapegoat for his hash-partners, if they returned home later than usual - "Dabs was there!"

One of his lifetime passions was motor racing. He assumed it as his very own accolade, when Lewis Hamilton became one of the greatest F1 racers. Lewis also has Grenadian roots! Whether Lewis was on pole or not, he refused to sleep and watch a recorded version of the race for the results; he would get up, no matter the hour in Grenada, to view the action live!

In the last few years of his life he got to enjoy a few more of the things he deserved; not that he ever felt he missed out on anything. He had

a knack of making the best of whatever he had, he worked hard, and made whatever the circumstance work for him. Any sacrifices he made for his family, and the many who knew him, were because he wanted to; to him it was just the right thing to do.

He was most famously always late! He may even have invented the term Grenadian Mean Time (GMT)! But with good reason; he was the eternal optimist! He never expected the unexpected to happen. When it did, it never failed to leave him surprised and incredulous, still equipped with a fully comprehensive explanation for his tardiness. It actually was, never really his fault, so how could you stay angry with him?

Everyone who knew him will agree that the moment we wish he would have been late for, came much too early. He was gone much too soon.

He was a man who lived much, loved much and was much loved.

'Dabs' will always be fondly remembered and deeply respected for his unique and invaluable contribution to our island, by both residents and visitors, to whom he devoted so much of his Grenadian heritage, his life and his energy.

Our last conversation with Ian, who died in Canada, was about getting back home, it was always about home... he loved our home with his whole heart. He was a true Island Lover.

He was a good man.

A Pure Grenadian.

Ian Adrian DaBreo, (Dabs), was a three-term president of the Grenada Hotel and Tourism Association, an active member on the boards of the Grenada Tourism Authority, Grenada Airports Authority and the St. George's University Scholarship Board, as well as PRO of Grenada Motor Racing Club. He managed the family business, and his own partnership in Grenada, until he passed away at sixty two years of age, on December 23rd, 2018.



Grenada, Carriacou & Petite Martinique



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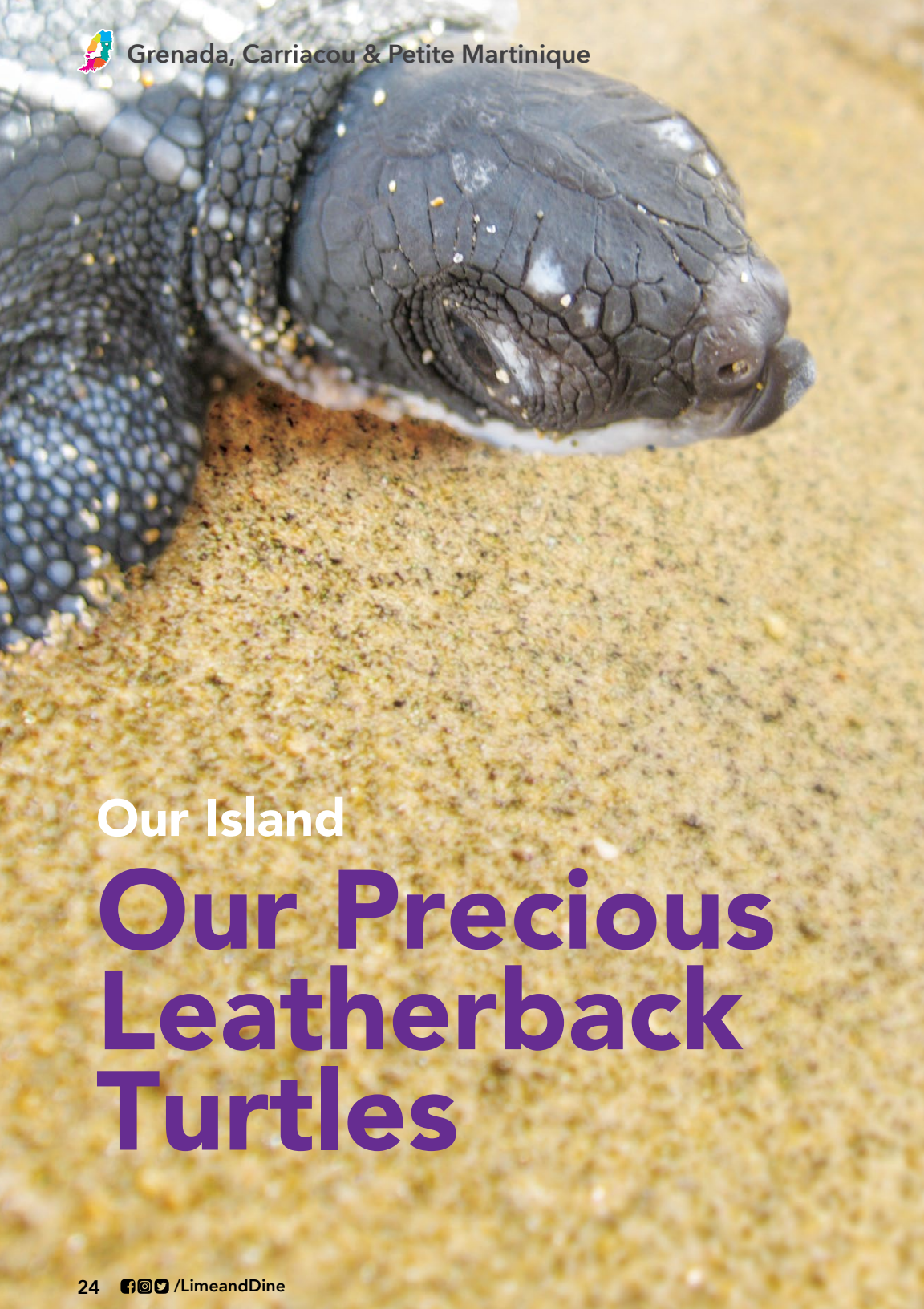
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Our Island

Our Precious Leatherback Turtles

The majestic leatherback turtles - the largest species of marine turtle - grace the shores of Grenada to lay their eggs; approx. 70 days later, the young break out of their shells and begin their perilous journey to the sea.

As a critically endangered species, how likely are they to survive?

Writer Kemi Burgen follows their journey from shore to ocean

Photography by Ocean Spirits Inc.

When thinking about the seasons in Grenada, a few come to mind: rainy season, dry season, Carnival (or what we might call 'rum season') and mango season. Let's add another one to the list: **Turtle Nesting Season, which takes place from March through August.**

Each year, the leatherback turtle returns home, or to a nearby area, to nest. On average, these beautiful beasts span five to six feet in length. The largest leatherback ever recorded, spanned almost 10 feet in length and weighed 2,019lbs!

In Grenada, Levera Beach, in the parish of St. Patrick, serves as the largest nesting bay for these extraordinary creatures. In the dark of the night, mama turtle makes her way onto the beach, creating a long trail of waves in the sand as her flippers move back and forth, propelling her forward. She looks for the perfect spot. The spot that will conceal and protect her offspring until they too are ready to make waves in the sand on their way to the ocean. Mama finds a place and begins to make a hole in the sand. Using her powerful flippers she begins to dig

a hole. Left. Right. One flipper at a time, she digs until the hole is about 30 inches deep. Remember! The hole has to be deep enough to protect her young from lurking predators, and other dangers along the beach, for the next two months. The hole has been dug and mama is ready for action. Out come the eggs! Two by two, sometimes three or four at a time, the eggs come. She will lay anywhere **between 70 to 120 eggs on average.** Once she's finished, mama turtle meticulously covers her eggs - making sure that the sand above her nest resembles the rest of the beach. Now, they are safe. Now, we wait...

On average, two, or maybe even three months later, the baby turtles are finally here and ready to get to the ocean, where they will spend most of their lives.

Sounds easy enough, right? Ah, if only!

For hatchlings, there are many dangers lurking. Baby leatherbacks making their way out to the ocean can serve as the catch of the day for crabs, birds, and other animals looking for a meal. It's safest for the babes to make their journey at night, but at times they may attempt this trek during the day, bravely facing the dangers in sight.



So, you might now be wondering: how are these turtles endangered if mama turtle lays about 100 eggs every time she nests? Well... there are many factors. Of those who survive their first journey to the ocean, **only 25% of hatchlings will make it through the first few days at sea.** Human activity is also a huge factor in the perils that sea turtles face. Estimates show that approximately 100,000 marine creatures die annually from plastic pollution in the ocean. Furthermore, over 250,000 turtles are either accidentally killed, injured or captured by fishermen worldwide each year.



In Grenada, local conservation groups, like the St. Patrick's Environmental Community Tourism Organization (SPECTO) and Ocean Spirits, are working day and night (quite literally), to make sure that every turtle that touches Grenada's shores is safe and protected. Through years of research, community outreach and education, the Ocean Spirits team works toward informing the public on how we impact the lives of these marine creatures, what we can do to decrease the negative impacts, and ways that we can help.

What can we do?

- Cut down on single-use plastic items!
- Limin' on the beach? Remember to pick up our trash. Encourage our friends to do the same.
- Start recycling as much as we can.
- Share what we have learned and know with those around us.

Small changes make big differences. We all have the power to be agents of change.



While on the island, be sure to **book a guided Turtle Watching Tour on Levera Beach.**

Nothing can compare to witnessing the magnificence of mama turtle returning home, sometimes from as far away as the cooler feeding grounds of Canada and Europe. And the babies finding their way out to the ocean with nothing but the sound and the sight of crashing waves calling them hither. Not only will the tour be a great addition to your list of fun and exciting things to do, but it will be informative and, quite possibly, inspiring. Plus, **taking a tour will directly benefit the nearby communities and turtle conservation efforts.** That being said, if you're looking to add to your list of 'favourite seasons' in Grenada; Turtle Nesting Season is one that you shouldn't miss!

DID YOU KNOW

a turtle can take up to 40 years to mature, so every adult turtle that dies is a significant loss to the reproduction of the species? Only 1 in 1000 hatchlings of Leatherbacks survives to adulthood, making this species incredibly endangered.





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Grenada, Carriacou & Petite Martinique



Foodies' Lime

...Food is about the senses, that's a given!

So, does your mouth water because you see something scrumptious or because you are seduced by its enticing aroma? Not a trick question, just some food for thought!

Doesn't just landing on this page give you the urge to be your own culinary artist! Even if the kitchen is not your thing, these vibrant colours are eye candy extraordinaire! We bet just looking is making your nose tickle & your mouth water; impelling you to reach out and touch these mounds of spicy opulence.

Agreed, we know there's a whole school of thought about what constitutes a 'foodie.' Dey say, 'one must be extremely discerning and even consciously reverent, when using this description'. Some would even say 'foodie' is a synonym for beautiful onomatopoeic words, such as; epicurean, gastronome, connoisseur...

Starting to sound like food classism? Is that foodism?

We'll just stick with it as a 'fun' word. So, that said, if you know how to enjoy good food, whatever your interpretation of that is, then undoubtedly you will **enjoy a veritable smorgasbord of Foodie's Limes right here, in the Spice Isles.**



The Aquarium RESTAURANT

Located on Magazine Beach facing the Caribbean Sea with stunning views towards St. George's and mountainous backdrop.

We offer dining in our spacious open air restaurant or lunch and drinks at La Sirena Beach Bar. Our traditional Sunday BBQ starts at 11am with live music from one of our talented local bands from 3pm. Come and join us for great food, extensive selection of wines, cocktails and good company.

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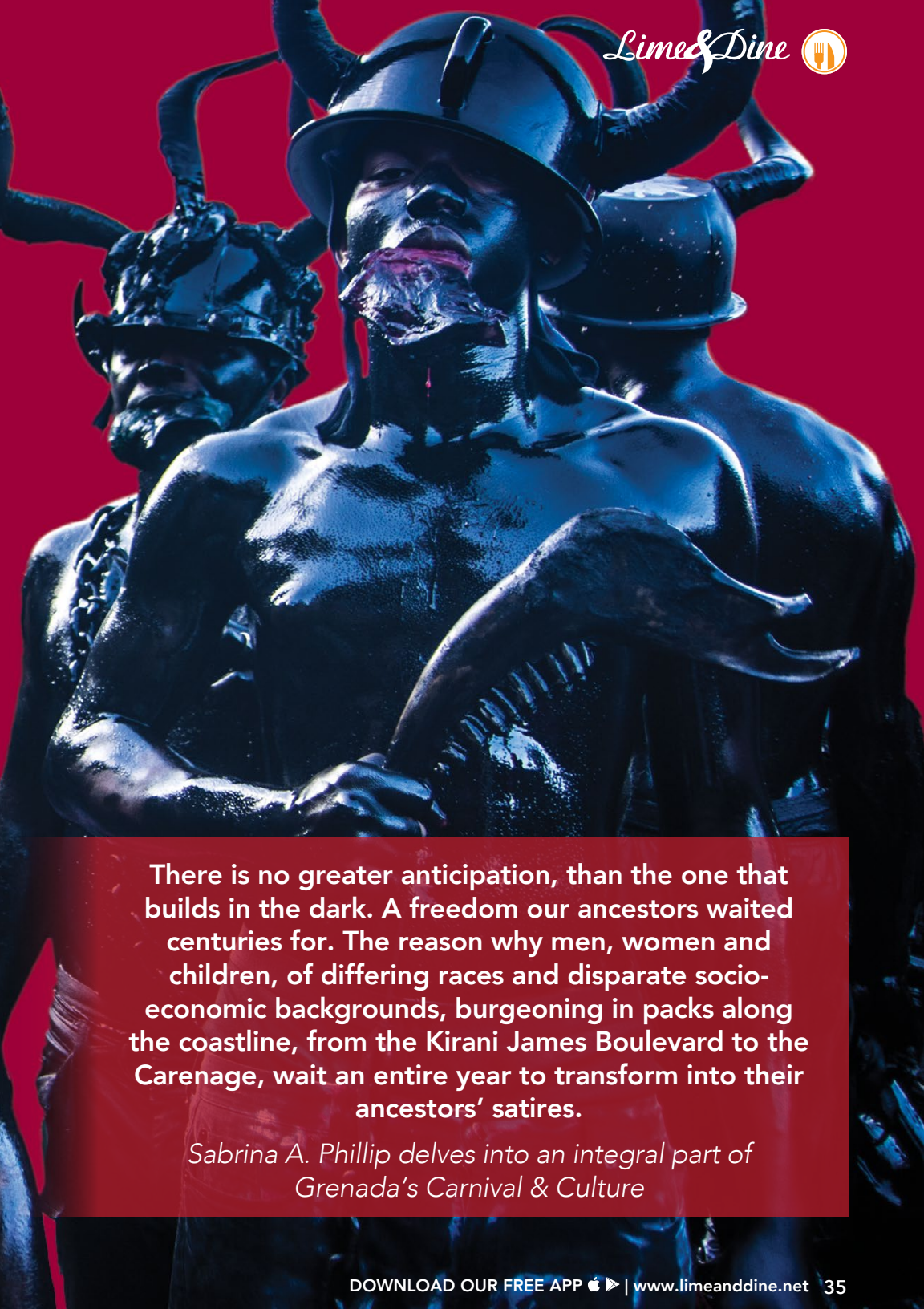


Grenada, Carriacou & Petite Martinique



Our People

A Jab is Me!



There is no greater anticipation, than the one that builds in the dark. A freedom our ancestors waited centuries for. The reason why men, women and children, of differing races and disparate socio-economic backgrounds, burgeoning in packs along the coastline, from the Kirani James Boulevard to the Carenage, wait an entire year to transform into their ancestors' satires.

Sabrina A. Phillip delves into an integral part of Grenada's Carnival & Culture

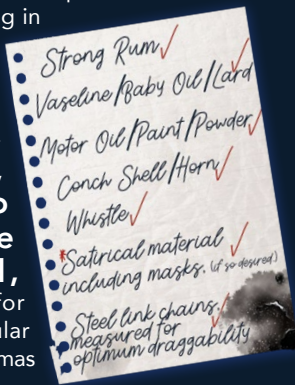


J'ouvert may be the French Antillean term for dawn, but the true ethos of J'ouvert builds within the obscurity of the predawn darkness...

2:00 am

Faint echoes of blown conch shells and horns break the night's silence, beckoning an intense energy that gradually builds in anticipation of the pre-dawn masquerade that is J'ouvert Morning in Grenada.

With a ritual that requires no checklist or substantiation, where **no wrongs are recorded**, preparations for the most popular of all traditional mas are made.



The ultimate pre-J'ouvert limes are visible around most corners, roadsides, driveways and rum shops. It demands cooking pots with varying dishes, from oil down to brown down, to 'mannish' waters. This is what we affectionately refer to as, 'coating the stomach for de rum,' which when you're on the road you'll be thankful you did, given the sheer length of time you'll be 'playing mas.'

4:00 am

Teeming with excitement, small groups huddle together 'shotting rum,' rhythmically beating drums, buckets, bottles and vehicle wheel rims; providing the soundtrack of the soon to be spectacle in the streets. They descend into the darkness of Kirani James Blvd., on every and any mode of transport accessible - from trucks to vans, buses to bicycles, even speed boats.

Glazing themselves in vaseline, baby oil or shortening before slathering on old motor oil, black paint or charcoal. Adorning their heads with horned helmets, their dyed red tongues emitting blood-like liquids which slither down their bodies. Live serpents cradled around necks. Dragging chains, donning masks with sardonic costumes; costumes designed to jibe authoritative figures of past and present. To naïve onlookers, it's a scene straight from a horror movie. To us, it represents the ultimate expression of freedom - literal and figurative.

It is an engrained depiction of our national identity. Casting aside all inhibitions, it is here, in this moment the 'Jab' comes to life.

6:00am

"Black blood in we vein, Jab we goin' insane." Lyrics to one of the most popular Jab Jab songs, circa 2018, perfectly describes the setting at daybreak. Organized chaos!

CONTINUED ON PAGE 36



PUNJ-ABI

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J'ouvert bands assemble in varying colours; red, green and blue, even "silver devils"; although, Jab is the preferred method of play. As they make their way down the Boulevard, across Port Highway towards the Carenage, this is the time for action. **Theatre in the streets!**

The beating of the drums, bottles and vehicle wheel rims creates an eccentric symphony with the blaring soca music of the speakers mounted on trucks. Nevertheless, the cadence sufficiently entrances the participants, dancing and 'winning' en masse, amply lubricated and satiated with rum.

Impromptu chants are prepared surrounding social issues plaguing the country, or sometimes just whatever rhymes, and are sung in monotone keys. When the songs become inadequate, some display signs portraying social commentary, others use all manner of

stagecraft to convey their perspectives on issues. **This is the tradition that celebrates uprising, and commemorates defiance.** This is J'ouvert at its zenith.

10:00am

'Chipping' through the streets, following copious amounts of rum, oil reapplication from Jab passersby, and multi-coloured paint from the varying iterations of mas players, will render some unrecognizable. The blazing sun beating down on oil-smeared bodies quickly turns a riotously good time into all-consuming thoughts of removal of the oil and paint. For some, jumping into the Carenage, provides a much-needed sanctuary from the morning sun. The priming of the skin, done hitherto, at 4:00 am, with the varying choices of lubricant will render the removal slight work.

Plotting the journey home summons even more adventures. The most common of which is hopping a water taxi to Grand Anse Beach. Recollections and re-telling of scenes experienced on the road, ricochets amongst passengers. On the shoreline, drunken debates about the most effective soap concoctions are had. They say, that a sea bath expedites the 'sobering up' process, and aids in recovery before Monday Night Mas!

The Origins of Jab Jab

As with everything, there are mixed feelings when it comes to J'ouvert and Jab Jab; what it is and what it represents. No matter what side of the debate you may land on, the rich history of the masquerade and from whence it stems is undeniable.

This masquerade inspiring its very own rhythms, tempos, timbres and textures, dates back as far as 1783, when the French settlers had their own masquerade



balls. Naturally, this masquerade continued to be recast and reshaped, eventually becoming a stage for plantation owners to parade in satires of our African ancestors. It is said that in the days of slavery, when a fire broke out on an estate, estate owners would round up slaves using horns, chains and whips. As the slaves walked amongst the fields, burnt cane (cannes brulees) and molasses would cover labourers' backs. And so, came the 'Negue Jadin', creole for 'field slave', as the French masqueraders called them. They would smear themselves with varnish and dark pigments; a gibe at their labourers. It is from here, the dark colours of J'ouvert emerged.

The story of origin behind the word 'Jab', derived from 'diable', French for 'devil', was a term used by plantation owners in reference to field slaves. Thus, in true 'diable' form, following emancipation in 1834, our ancestors, reveling in their newfound freedom, re-satirised their plantation owners (as they had already been doing in their own backyards).

The Jab Jab was born; a reference to slavery and a

jeer at the former plantocracy. "You want Devil? I'll show you Devil." They took to the streets, perfervid and in packs, ready to disrupt the strait-laced society created by their settlers. Therefore, with these reasonings and explanations, **the masquerade is not a commemoration of the devil, but rather an excoriation of the evil to which they were subjected.**

To Grenadians, the word 'Jab' symbolizes freedom. A Jab does not exist on only one day of the year. A Jab is who we are. **A Jab personifies an adherence to nonconformity.** A Jab refuses to be anything but ordinary.

A Jab is me!

#aJabisMe



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Coconut Shrimp with Curry Pineapple Dip

COURTESY AQUARIUM RESTAURANT

SERVES 2 PERSONS

COCONUT SHRIMP

INGREDIENTS

¼ cup Flour
1 Egg
1 cup Fresh Shredded Coconut
10 Shrimp
Splash Milk

METHOD

Devein and remove the shell from the shrimp.

Beat the eggs and add a splash of milk to create an egg wash.

Lightly dip the shrimps into flour, then dip into the egg wash and lastly coat the shrimps in the shredded coconut.

Place into deep fryer.

Fry until all sides are golden brown.

Place onto paper towel and dab excess oil.

CURRY PINEAPPLE DIP

INGREDIENTS

½ tsp Curry Powder
1 oz Pineapple Juice
1 oz Milk
½ tsp Granulated Sugar
¼ cup Mayonnaise

METHOD

Place the curry, pineapple juice, milk, granulated sugar & mayonnaise into a bowl and whisk until smooth.



Fresh Fish Tacos

COURTESY ISLAND FEVER RESTAURANT
AT LE PHARE BLEU BOUTIQUE HOTEL

MAKES 12 TACOS

INGREDIENTS

- 1 ½ cups Red Cabbage (*thinly sliced*)
- ½ cup White Cabbage (*thinly sliced*)
- ¼ cup Grated Carrots
- ½ cup Cilantro (*chopped*)
- 2 tbsp Honey
- ½ cup Mayonnaise
- ¾ cup All-purpose Flour
- ½ tsp Paprika
- 1 ¼ lbs Filleted Snapper or Mahi Mahi
- Pinch Salt
- 12 Flour Tortillas
- 1 Lime (*for juice & wedges*)
- Fresh Ground Pepper
- Vegetable Oil (*for frying*)

EGG WASH

- 2 Eggs & 1 tbsp Water (*beaten*)

GREEN SALAD

- ¼ cup Red Onion (*sliced*)
- 6 cups Lettuce Leaf (*chopped*)
- 1 cup Tomatoes (*chopped*)

METHOD

Heat oil in a medium pot over medium low heat. Oil should be approximately 375°F, meanwhile toss cabbage, carrots, lime juice, honey and mayonnaise in a bowl.

Then warm tortillas on top of a hot grill. If you don't have a grill you can use a skillet.

Mix the flour, paprika, salt & pepper in a bowl.

Dredge the fish in flour & then egg wash, then flour again and fry. Fish should be fried for approx. 2 - 3 minutes, until golden brown and cooked.

Transfer with a slotted spoon onto a paper towel lined plate.

Fill the tortillas with a small amount of green salad followed by coleslaw and fish, finish off with spicy mayo, Pico de Gallo and cilantro on top of fish taco.

PICO DE GALLO

INGREDIENTS

- 4 Medium Tomatoes (*diced*)
- ½ cup Red Onions (*diced*)
- ½ cup Cilantro (*chopped*)
- 1 Small Jalapeno Pepper (*de-vein, remove seeds & dice*)
- ½ tsp Lime Juice (*to taste*)
- ½ tsp Lime Zest

METHOD

Toss all ingredients in a bowl together.

SPICY MAYO

INGREDIENTS

- ½ cup Mayonnaise
- 2 tbsp Sriracha Hot Sauce
- 1 tsp Fresh Lime Juice
- 1 clove Garlic

METHOD

Place all ingredients in a food processor and blend.

Food image courtesy of Island Fever Restaurant





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Lime & Dine

ST. GEORGE

- **The Spice Island Billfish Tournament and Grenada Sailing Festival:** Held in St. George between the end of January and Grenada's Independence holiday of February 7th. The Billfish Tournament boasts the largest attendance in the southern Caribbean, with upward of 50 boats and 300 anglers from Grenada, neighbouring islands, USA & Europe, who enjoy both prolific fishing and the legendary welcome & limin' spirit of Grenada. 2020 tournament dates are 26 - 30th January.
- **Sendall Tunnel:** This is the only tunnel for vehicles in Grenada. It was built in 1894 and named after Sir Walter Sendall who was Administrator of Grenada from 1885 - 1889.

Rising to only 12 feet, it is a narrow passageway, 340 ft. long, which was originally built for use by horse and carriage. The tunnel is now used by both pedestrians and vehicles, as it is the shortest link between the picturesque

Carenage and the Cruise Port Terminal in the centre of St. George's town. N.B. a more strenuous walk uphill is worth the effort to view the city's architecture and St. George's town itself.

- **Bianca C Dive Site:** The largest wreck dive site in the Caribbean. This is an advanced drift dive.

The luxury cruiser sank in October 1961, after an explosion in St. George's harbour. Grenadians rescued over 600 persons from the vessel and took many of them into their own homes until they could return to their homelands.

- **Christ of the Deep:** A life-size bronze replica of the statue, Christ of the Abyss, was presented by the Costa Steamship Line, as a token of their appreciation to the people of Grenada. It can be seen on the Carenage in St. George's. The original version of the statue was sunk in the Italian Riviera close to where Italy's first SCUBA diver, Darius Gonzatti, died during a dive in 1947. To



VIEW OF THE CARENAGE FROM FORT GEORGE



CHRIST OF THE DEEP

mark the 50th anniversary of the Bianca C explosion, a new statue modelled on the original, was made for the World's First Underwater Sculpture Park, in Moliniere Bay, St. George.

- **Island Forts:** Fort George, originally named Fort Royal, by the French, was built between 1705 - 1710.

It was renamed in honour of King George III, in 1763, when the British had possession of Grenada.

You will still see several of the old cannons which face outward protecting the town and inner harbours, from a sea attack. The French cleverly re-took Grenada from the British by making an inland attack! The forts to follow were built with their fire power facing inland - known affectionately as Grenada's back-to-front forts.

Fort George is currently home to the Royal Grenada Police Force (RGPF). Take the time to visit and you'll be rewarded with great views of St. George's town and the harbour.



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VICTORY

BAR & RESTAURANT

Located in the heart of the elegant Camper & Nicholson's Port Louis Marina. Victory Bar & Restaurant is open every day for breakfast, lunch, snacks and dinner. Fresh fish, certified Angus steak and probably the best thin crust pizza on the island. Happy hour daily from 5-6pm. Slow Smoked Texas BBQ every Friday night. Live music on Saturday night.

Open from 7.30am until late 7 days a week.




YOLO

SUSHI BAR

Yolo Sushi & Wine Bar is located next to Victory Bar & Restaurant and offers an elegant air conditioned restaurant plus outside deck area. Our experienced Sushi Chefs will delight you with their culinary skills and delicious dishes all complimented with a wide selection of wines and cocktails.

Open from 6pm Monday to Saturday.



Port Louis Marina, Grenada, West Indies
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Look Who's Cooking

Sinfully spice...naughty but nice!

To say we have a sweet tooth is a profound understatement. You may hear expressions like; 'I just need a little sugar rush to pick up the day! Need some ice-cream.'

The craving for a little something sweet to snack on, or to bring a meal to its proper end, seems to be a nationwide phenomenon.

Whether that has always been the case, or if it was an expectation, created and perpetuated from generation to generation, is quite likely a 'chicken & egg' discussion.

These days little one's eyes may light up at the sight of big name brands... with their colourful packaging, extensively researched branding, carefully investigated, emotionally-intelligent

colour palate choices, and seemingly bottomless marketing budgets, which allow their presence in every sort of media, creating that 'must-have' syndrome.

But when visiting us, take note, these masterfully marketed treats often sit side by side on the shelf, with the sweet tooth fixes of decades ago. The local packaging, normally clear and transparent, may seem pale and insignificant in comparison, but don't be fooled, these are **yester-year treats**, which for some, vie on every level with their friendly mass-market competitors.

It's absolutely true, many of our visitors, spend months dreaming about these, before they return to the Spices Isles for annual family or festival visits. In the interim, to make the waiting less interminable, the subject of these

playground, weekend, and school holiday treats, may be a source of serious reminiscence with their friends from the Caribbean diaspora. You should give them a try; it's very possible that you too might find them a subject for mental mouth-watering potential!

We'll give you a hand, so you know what to ask for; **groundnut sugar cake, coconut chip chip, buns, sweetbread, currant rolls, guava cheese, snow ice & snow cone, with bright coloured syrups and condensed milk, ice cream churned in an ice cream pan, fudge, tamarind balls, toolum...** and the most basic of all forms, before its metamorphosis into sweet treats; **sugar cane**. Peeled and chewed; the reward is sweet liquidity and... healthy chompers!

It seems if we can extract it from the trees, we can make a sweet out of it!

Speak with the older folk, they still remember how everything in a pod, or on a tree, was worth a try, to see what break-time sweet

snack it might make. Some, were more successful than others; it was a delicate balance between the time and effort required to extract the 'delicacy' within, in proportion to the taste and volume, (whether it tied up your mouth*, or not, was also a major consideration).



Think of something like pomegranates and cherries, the work they require, for some worthwhile, for others not at all. That's kind of what we're talking about!

Ice cream? Well, what more is there to be said?

The language of ice cream is universal!

Home-made Grenadian ice cream, that's more like its own galaxy! If you see it for sale; have some. If you get offered it at someone's home, eat your belly full! If you get offered a slot at turning the ice cream can, don't even consider passing it up. Ice cream never, ever, tasted better! You might find you have a sweet hand* to go with that sweet tooth!

*See Limin' Talk page 6.



Guava Cheese

INGREDIENTS

- 1 lb Granulated Sugar
- 1 lb Guava Pulp (*no seeds*)
- 1 stick Cinnamon Spice (*1 inch long*)
Butter (*for greasing dish*)

METHOD

First be sure the guavas are not damaged, they should be firm. Peel the guavas and pick out all of the seeds. use a fine sieve to pass the guava flesh through. Make sure you get all the seeds!

(N.B. If you have fully ripe Grenadian guavas there is no need to peel the skin, you will be able to use the entire fruit)

Place the guava pulp, spice and sugar in a heavy duty skillet, use pot with a heavy bottom and cook on high until mixture starts to "jump" stirring once in a while.

Reduce the heat then cook the mixture, stirring constantly, with an up and over motion till the mixture is thick and separates very easily from bottom and the sides of the pot leaving the pot clean.

Note: to test put a drop of mixture on a saucer. It should form a ball that can be rolled around.

In a greased fireproof glass dish pour in guava cheese and let it cool. Cut the guava cheese in small size squares, when it's cooled off.

Dust with sugar.



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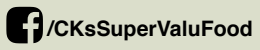
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Look Who's Cooking

The Town That Never Sleeps

Affectionately dubbed “Action City” or “The Town that Never Sleeps” by its inhabitants, the town of Gouyave, St. John, requires little to no introduction; with her maternal family line steeped in Gouyave, *Sabrina A. Phillip* helps us understand why!

No matter the month, the day or the hour, you're sure to find persons walking the streets. The town is also referred to as the **Fishing Capital of Grenada**, which you will understand on seeing the growing number of seine boats, as you enter the town and travel along her coastline.

Gouyave is a town that punches above its weight in a multiplicity of ways.

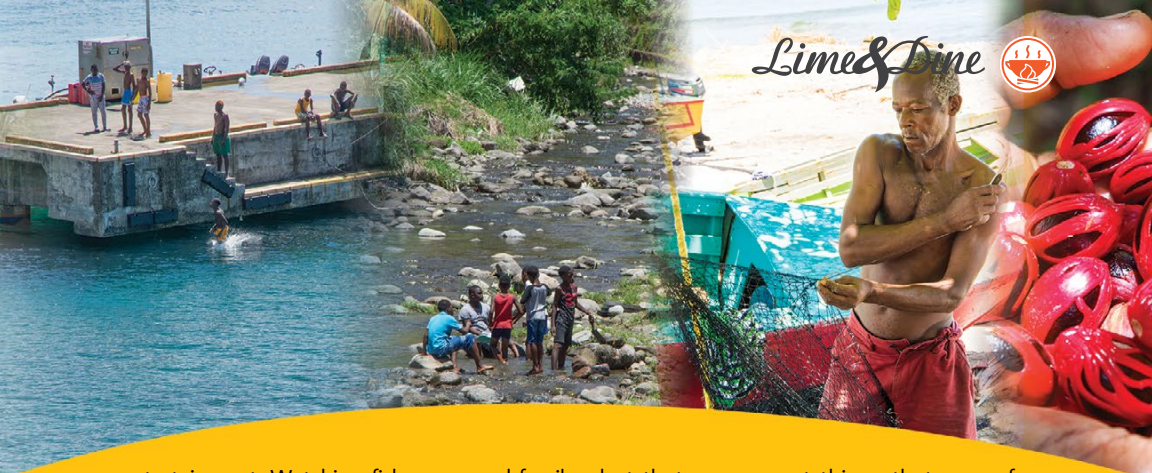
Undoubtedly, this town's popularity catapulted itself into the public gaze when two of its natives, **Grenada's first Olympic Gold Medalist Kirani James, and International Soca Monarch King, Hollice, “Mr. Killa”, Mapp** projected them, unapologetically, onto the world stage. However, digging deeper into the history of this special place, you will find that the spotlight wasn't and isn't, anything new here, in fact for years they've simply been waiting for their close up.

Food, real local food, is the culinary signature of this town.

Travelling along the L'Anse bridge and into the nucleus of Grenada's fishing industry, reveals hometown staples like Ms. Toiley's hand-churned, ice cream (a lost art form today). If you're fortunate enough to be passing on a Sunday and notice her, and the ice cream, we urge you to stop and indulge the craving. Kelly's Hotspot was, and still is, the go-to restaurant, especially on the days grandparents opted not to prepare lunch.

With the bay mere feet away, simply crossing the street, walking through sandy backyards, provided enthralling vistas of fisher-folk. Casting and pulling nets to their own rhythmic choreography and chants, its own ballet of sorts, a sight to be envied by the world's best dance companies.

The old fish market, right next to the only night club, Q-west, was often a source of great



entertainment. Watching fishermen and family heads banter over bargaining prices, all while expertly scaling, cleaning and carving fish, never missing a beat of the conversation. The long jetty, close to the new fish market, often served as a rite of passage for many, signaling one's strength as a swimmer. This involved a two-fold test. One, being pushed off the jetty unaware; and two, surviving the push and swimming to one of the docked fishing boats further out. A test not sanctioned by any, but participated in by all.

Anyone growing up and spending their formative years in this special place, knows that when you leave and return, the 'ultra-nostalgia' hits the same every time. Particularly if you had the privilege of growing up on the L'Anse; this meant having a front row seat to all the 'mêlée,' bacchanal and of course, the festivities. And do they have festivities! From the **annual Fisherman's Birthday and weekly Fish Friday, to the road shows and street jams; there was never a reason for not celebrating in Gouyave.**

This is what makes Gouyave - Gouyave. The most light-hearted and jovial of all towns! Her global reach is recognizable to all. One can always spot another 'Gouyavarian' in the way their "spirit" communicates with each other. You can find her progeny on almost any continent in the world; Africa, North & South America, Europe, Asia ... because of their ever resourceful and humble character. Traits evidenced by the most popular of her sons, Kirani James and Mr. Killa, when thrust onto the world stage and interviewed by the world's media. They compelled everyone to pay attention to their town. They proved that Gouyave was more than just a "party city,"

but that many great things that come from Grenada, come from Gouyave.

Case in point, not too far into the heart of the town, there is an undeniable aroma that greets passersby. If you follow your nose, you will find **the home of Grenada's most recognizable spice** - see our flag - in the island largest processing station, our number one export - **Nutmeg**. Entering the plant is like travelling back to the future with Marty McFly. No heavy machinery or conveyor belts, just people, sitting, sorting, grading and packing. Instead of mechanical assistance, they are equipped with motivational signs like; "Workers! Bring God's peace inside and leave the Devil's noise outside." Each sack is hand-sewn and hand-stamped with destinations like Hamburg, France, London, Antwerp; an indication of how far this towns' reach is. It could be a coincidence that this export and the plant are in Gouyave, but we think not. This town is a place where labour intensive work is not the exception, it's the norm; and is considered by some to be, by far, the most rewarding of occupations. That's the true character of 'Gouyavarians'.

So, yes, these days the limelight of the world stage is upon them and they may reign supreme. But the most profoundly dominating fact about the inhabitants of Gouyave is that they never needed anyone to make them feel special, or required any validation other than their own. **They celebrate their own, in their own way.** They have not, and will never wait for the world to show them how to appreciate the people, and the treasures they have birthed.



Lime Curious ST. JOHN

VILLAGERS PULLING IN FISHING NET, GRAND ROY, ST. JOHN

- **Fishing:** The town of Gouyave, St. John, Grenada’s fishing capital, is the centre of attraction for Fisherman’s Birthday Celebrations. Celebrations honour St. Peter the patron saint of fishermen. On June 29th each year, the proceedings commence with a special mass followed by the priest’s blessing of the local fishing boats. Once these important aspects are completed, the boats race and the music and festivities begin. ‘Action City’ lives up to its name!
- **Julien Fédon:** In 1795 “a free coloured planter” from Belvedere, St. John embarked on a Revolt, known as Fédon’s Rebellion. This revolt was intended to not only end the oppression inflicted by British colonial rule and free the enslaved, but also to empower Blacks, grant citizenship to former slaves and free the coloured people to govern Grenada as citizens. Fédon and his troops controlled all of Grenada except the parish of St. George, from March 1795 to June 1796. When victory was ceded to the British the town of Gouyave, St. John, was renamed Charlotte Town, as the British sought to rename all towns and parishes, previously known as French

Quarters. L’Anse Gouyave was renamed the parish of St. John. The parish name survives, but its main town is still known as Gouyave; named by the French for its abundance of guavas, and the most well-known land mark in the town is still referred to as ‘The L’Anse.’

- **Talent:** Gouyave is the birthplace of Mr Killa (Hollice Mapp). His first composition was about carnival in his hometown, entitled; Gouyave Alone. Famous in his own right, an accomplished and popular local, regional and international artist, in 2012 he dedicated a track he called ‘Kirani City’ to his fellow ‘son of Gouyave’; Olympian, Kirani James.

In 2019, Mr Killa was the first non-Trinidadian to win the Power Soca category at the International Soca Monarch Competition, in Trinidad.

Gouyave, is the birthplace of Kirani James, 400 metre sprinter. He won Grenada’s first ever Olympic Medal in 2012. It was GOLD! He followed this with a Silver Medal in the 2016 Olympic Games! His humble and centred personality make him a firm favourite with his fellow countrymen and a great ambassador for Grenada.

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GRAND ANSE BEACH
10 MIN

2,745 m X 45 m

RWY 10

RWY 28



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Limes & Dine

GRENADA CARRIACOU PETITE MARTINIQUE

PLACES OF INTEREST








1. Underwater Sculpture & Marine Park
2. Dougaldston Estate
3. Gouyave Nutmeg Processing Station
4. Clabony Sulphur Springs
5. Diamond Chocolate Factory
6. Crayfish Bay Organic Cocoa Estate
7. Caribs' Leap
8. Seasonal Turtle Watching
9. Levera Pond
10. River Sallee Sulphur Springs
11. Lake Antoine
12. River Antoine Rum Distillery
13. Belmont Estate
14. Grenada Chocolate Factory
15. Pearls International Speedway
16. Grand Etang Forest Reserve
17. Laura Herb & Spice Garden
18. Westerhall Rum Estate
19. Grenada Distillers
20. Golf Course
21. Sandy Island



CARIBBEAN SEA

ATLANTIC OCEAN

MAP KEY

-  Main Roads
-  Secondary Roads
-  Rivers
-  Mountains
-  Waterfalls
-  Lakes
-  International Airport
-  Small Airport
-  Beach
-  Bus Terminus
-  Hospital
-  Forts
-  Police Station



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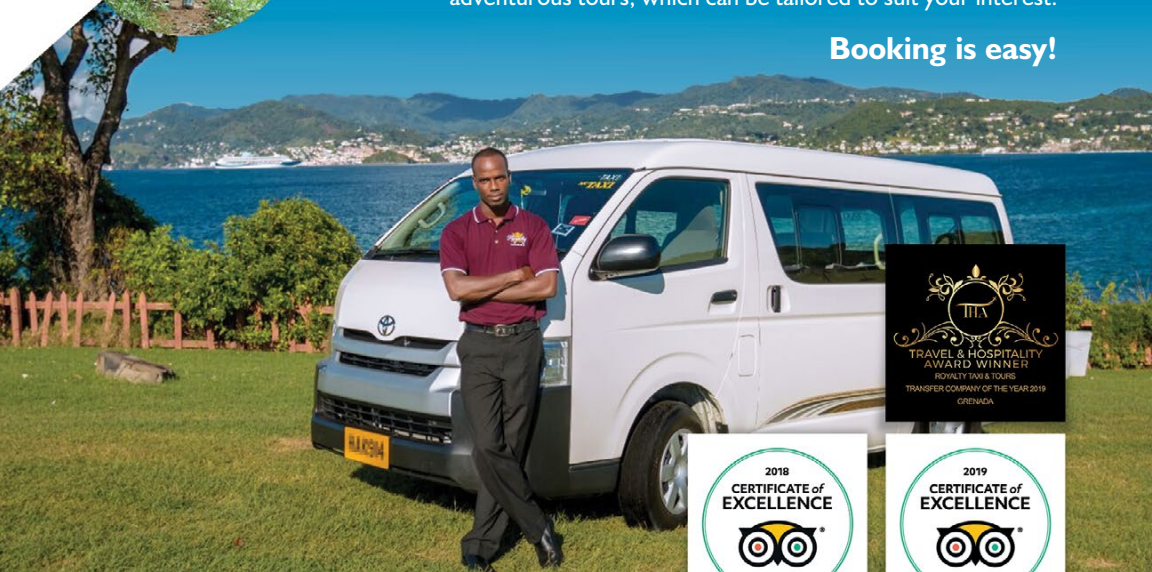
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Our Buses Getting Around

(BACK BY POPULAR DEMAND LIME & DINE c.2015)

Whether this is your first trip, or one of many, show off your adventurous side and treat yourself to the experience. It's not always for the faint hearted, but if you don't do it at least once, you'll never know what you're missing!

You must have noticed since you arrived, that we have a tendency towards **riotous mixtures of colourful non-uniformity!** The same spirit applies to our buses', so you won't see the uniform red, or the two-tone blue & white, or blue & yellow, of the world famous big cities. After all we are the Spice Island!

Another interesting, spicy detail, is that the names on our buses usually have absolutely nothing to do with their destination; it's much more likely to be something connected to the personality or reputation of the driver! This means that to confirm where the bus might be headed, before you become captive in an 18 seater, holding well, maybe a few more than that, it's best to check the destination placed on the front windscreen. If you're still unsure, take your courage in your hands and ask clearly; - **'why de bus reaching?'** ;)

If we have to ride the bus to work or school, just any bus won't do. It's an important decision. The main factors to be considered? The name; Bad Up, We Ting... What type of music is playing? How shiny it looks... and for some, the death knoll to all meaningful conversation... Wifi! We say that, because to really enjoy the bus ride, it is critical to remember that this is not solely a mode of transport, it's a means of socialising, a 'vehicle' for sharing social and political commentary on any, and every topic, and an unparalleled avenue for being macocious. The bonus is, it's also a great way to see Grenada, depending on how much of a hurry the driver is in!

Bus stops? That's another matter! We have them, sometimes possibly more ornamental than functional, but landmarks are equally, if not more, important. You may hear; Yuh could drop me by Washy shop dey? Calivigny Breadfruit Tree... by Sugar Mill?... by de Ole Church? Wall Street, Miss Jemmie Shop... by Aubrey' Gap..



Signs? That's the aspiration! But while we're getting to it don't fret; feel free to ask the conductor, the driver or a fellow passenger. The additional good news is; **'You caan' get lost in Grenada!'**

Legendary & magical, only begin to describe the size of our buses. Don't be fooled, they may all look practically the same size; that's your eyes playing tricks on you. They are not! **The size of the bus is directly related to the skill of the conductor!** It's to do with the amount of *'dressing up' he asks his passengers to do. He says 'make yuhself small' and miraculously, you somehow shrink and there is space for another person. You would swear that somehow the bus has magical elasticity and its metal body is expandable!

You needn't be concerned that the conductor appears not to have noticed you boarding the bus, barely turning his head and with his darkers* never removed; he knows exactly who's there, and who has and hasn't paid. To get off? Knock the roof, yes, just like you might knock on someone's front door, or if you're brave say **'drap meh here, nah'**. Both will be fully understood.

If you're here during school term time there's a possibility that your driver might do a manoeuvre which appears to be a serious 'ole drive! The conductor is always in collusion with him and will

simultaneously take on the role of a traffic warden, when he puts out his hand to stop all vehicles. The tiniest of tots, with the hugest of backpacks will be lifted out of the bus and the precious cargo's diminutive hand placed in his large one, as he crosses over the road and ensures a safe delivery to Day Care! The questionable driving manoeuvre is completely forgiven by all, and involuntary smiles play across the lips of the drivers lined up ahead and behind. All is forgiven, this time!

Grenada's people & buses are very special!

A number of traditional open air wooden buses of bygone days - for the wind in your face experience and great photo ops - are available for tour in Grenada. Some of our tour operators do offer this experience, so please feel free to ask. See page 88 Pure Lime.

*sunglasses
*See Limin' Talk page 6





Bus & Taxi Information

COURTESY OF GRENADA TOURISM AUTHORITY

Grenada: Local bus fares normally start at \$2.50 ECD and do not exceed \$10.00 ECD one way, even if you're travelling as far as Gouyave, Grenville or Sauteurs.

Carriacou: Local bus fares all over the island are a standard - \$3.50 ECD. You can travel from the ferry terminal in Tyrell Bay to the town of Hillsborough, on a local bus, for this price. Off route bus travel \$5.00 ECD - \$10.00 ECD.

Taxis Fares - Maurice Bishop International Airport (MBIA) to:

Grand Anse	\$40.00 ECD \$16.00 USD
St. George's Town	\$50.00 ECD \$20.00 USD
Grenville Town	\$110.00 ECD \$44.00 USD
Bathway & Levera	\$170.00 ECD \$64.00 USD

N.B. Fares are per vehicle and not per person. (Max. four (4) persons).

Car Rentals: The daily cost of vehicle rentals can vary from \$45.00 USD to \$75.00 USD depending on your choice of vehicle. VAT is charged at 15% and most reputable car hire companies will look after your required temporary license, the cost is \$24.00 USD and the license is valid for 3 months.

Disclaimer: N.B. all information is provided as a guide and is correct as at time of printing. The publisher does not take responsibility for any changes which may occur.



Lime & Dine Curious

ST. PATRICK

SAUTEURS, ST. PATRICK

- **A Rum Story:** St. Patrick is home to Lake Antoine & River Antoine Rum Factory (Rivers). It has the oldest working water wheel in the Caribbean. Production of rum has been taking place here since 1785.

Rivers, make their rum at two different strengths. The over-proof rum, which is a firm Grenadian favourite, cannot be taken on an airplane as it is over 70%, sometimes as high as 89%, alcohol! So that you can take some home, Rivers has modified their collection of rums to include bottles under 70% alcohol!

- **Doliver Morain:** A well-known local, self-taught artist, who hails from St. Patrick.

He started painting in 1984 and can adapt to whatever materials are available, painting with oils, acrylics, enamels... His signature is painting on scrap wood and his work, which has been categorized as 'folk art', shows scenes of his everyday environment and experiences. If you wish to visit his studio, your first sight

of his work will be his handmade companions, contrived from scrap metal and old clothing. You may find his prices a little too reasonable, if so, feel free to give him more than he may ask.

- **Chocolate:** St. Patrick is home to two Chocolate Factories. The Grenada Chocolate Company & Belmont Estate Fine Chocolate. You can visit either or both of these, as they are in close proximity to each other. They are two quite different enterprises which both use the sustainable 'bean-to-bar' production methods. The Grenada Chocolate Company was the first chocolate factory on island and was founded in 1999 by the late Mott Green, who lived here until his untimely death in 2013.
- **Sauteurs:** The main town of St. Patrick. It was here in 1651 that the last remaining Carib Natives in Grenada jumped from a 40-meter-tall cliff, to their deaths, rather than face domination by the conquering French. The cliff was later named Caribs' Leap and the town was named Sauteurs; French for "jumpers".



Well, there it is: the venerable Oxford English Dictionary and its companions have been duly consulted and have nothing to say about our Carriacou Maroon! Of course, they have something to say, but not about our Maroon. Their definition? Abandoned on a desert island, descendants of runaway slaves in the West Indies and naturally, the colour, maroon. So, no help there. Nothing even close to what we know!

Could it be that we've hijacked another word and, without care or embarrassment, have made it uniquely ours?

It's only in anthropological research papers that we find a match; descriptions of our local Maroon, something peculiarly our own, but admittedly also shared with Petite Martinique and Union Island, at least that's as far as we know.

The word 'Maroon', you'll find, is not restricted in its usage here in Carriacou, and can loosely refer to many other

Sister Isles Lime ... Carriacou Maroon

related practices, such as, Salaca & Parents Plate. Basically, any event where food and drink are provided to helpers for required sustenance and gratitude, in the doing of a Big Task, like launching a newly built boat.

These days, it's the 'Maroon Music Festival' which carries the name most prominently, and its borrowing has, simultaneously, served to both dilute and extend the meaning of Maroon.

Its most authentic form, in our opinion, is in the Annual Maroon, hosted by various villages in Carriacou; notably Six Roads, Bogles, Mt. Pleasant, Belmont, Hillsborough and Limlair.

There are both public and private Maroons.

Families often hold their own Private Maroons, which can really be Parents Plate; the result of a dream message from a dead relative (the old Parents), Tombstone Fest or other rituals. For Carriacouans however, an invitation is always assumed, even if in fact one has not been extended. There will always be a plate for whoever turns up and even something to take-away as well.

The Annual Maroon, held towards the end of the dry season, is a prime example of **a Public Maroon. Everyone is invited!** If you're a fete lover, and prepared to make the rounds from village to village, as indeed many are, this can become an ongoing fete which covers several weekends! This also highlights another aspect of Maroon and certainly contributes towards the reputation Carriacouans have of being a generous, open handed people; it is a truly authentic **island wide social gathering.**

Our most typical maroon, the Annual Maroon, is held on a Friday late in May, around the end of dry season, with multiple villages hosting their own. Hillsborough, Mt. Pleasant, Six Roads, Belmont and Bogles are villages with a long history of hosting Maroons.

We never really thought about it, but some definitely associate the Maroon with a Rain Ceremony. Of course, the timing of the event would seem to lend support to that suggestion, not to mention the sacrifice and the Big Drum! All of these involve an element of communication with the 'Old Parents', who it's believed can actively work towards the interests of the living!

Maroon, normally begins with the animal sacrifice, usually chickens, and is oftentimes enacted at the village crossroads. In the past, it was usual that families would cook at home and then bring the food together for distribution. Now, and for the past few years, the community comes together to prepare the food, which will be distributed towards the late afternoon on Friday, to all who attend; it's an island fete! This is definitely true of the Six Roads/ Dumfries Maroon. So now you know where to be!

After the food has been distributed, and with everyone well fed, attention turns to the Big Drum, the final remaining feature of the Maroon. This ritual is where the ancestors, 'Old Parents', are honoured. It features the **Nation Dance**, dances from the various African tribes from which Carriacouans can trace their lineage.

We must point out though, that as applied in Carriacou, anthropologists cannot fully agree upon reasons why Maroons are organised, or when a Maroon is a Maroon? We can say however, that **Carriacou's Maroon is about food, drink, drums, community now, and community past, separated neither by distance or death;** actually, dead ancestors reachable through the Big Drum. On this, the experts do agree!





Carriacou & Petite Martinique

CARRIACOUL
Grand View
HOTEL

ROUND HOUSE
RESTAURANT & CAFE



Wayne's Auto Rental & Services

Slipway
Restaurant

PAGE 78
INCOGNITO ADVENTURES

PAGE 69
BIG CITY
Golf

Off the
HOO

PAGE 79

PAGE 75

CARIBBEAN SEA

ATLANTIC OCEAN



MAP KEY	
	Main Roads
	Mountains
	Small Airport
	Beach
	Bus Terminus
	Hospital
	Police Station



 OPEN MON - SAT: 11AM - 4PM & 6PM - 10PM

Whether your stepping onto Carriacou or leaving for the mainland, a great selection of fresh, tasty and affordable dishes are waiting for you at our Big Citi Grill in Tyrell Bay!

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Goats Cheese Tartlets

COURTESY OF BOGLES ROUND HOUSE RESTAURANT

MAKES 6 TARTLETS

CRUST

INGREDIENTS

6oz	Flour
Pinch	Salt
Pinch	Cayenne Pepper
3oz	Butter
4-6 tbsp	Ice Cold Water

METHOD

Blend the flour, salt, pepper and butter, in food processor, until the mixture looks like fresh breadcrumbs. Add the cold water and pulse the food processor until the pastry comes together. Gently pull the pastry together with your fingers, wrap the ball in plastic film and chill in the fridge for at least 15 minutes.

Preheat the oven to 375°F.

Roll the pastry thinly and use to line 6 mini tart pans. Line the uncooked crust with foil or parchment paper, fill with 'baking beans' or rice.

N.B. It is essential to support the sides of the tart in this way to prevent them falling in and to stop the base rising.

Bake for 15 minutes or until the pastry is 'set'. Remove weights and lining and return the pastry to the oven for another 10 minutes or until the crust is cooked and golden brown.

FILLING

INGREDIENTS

2 tbsp	Butter
3	Onions (<i>very finely sliced</i>)
¼ cup	Balsamic Vinegar
¼ cup	Brown Sugar
4 oz	Goats Cheese
Stem	Fresh Thyme
30	Small Cherry Tomatoes
	Salt, freshly ground black pepper & rosemary (<i>to season</i>)

METHOD

Whilst the crust is baking, roast the tomatoes seasoned with salt, pepper, rosemary & oil

Melt the butter in a large, heavy-based frying pan. Add the onions, salt, pepper and thyme and cook gently for approx 30 minutes, until the onions are soft and transparent, but not browned, stirring occasionally.

Add the sugar and balsamic vinegar and continue cooking for another 30 minutes, or until the onions are almost dry.

Spoon the onion mixture into the cooked pastry cases, layer with roasted cherry tomatoes and top with crumbled goat cheese.

Reduce the oven temperature to 350°F, and bake filled tart for 10 minutes or until the filling is hot.

Food image courtesy of Bogles Round House Restaurant





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Sister Isles Lime

Carriacou's Unique

Shakespeare Mas

"All the world's a stage..." and our little sister island, CARRIACOU IS THE PLAYER. Reportedly, the only country in the world which continues the tradition of Shakespeare Mas!



Have you ever heard a five-year old quote Shakespeare? Not a child prodigy, not a child from a financially privileged background of private schooling and tutors; a child from Carriacou. That is the age of the youngest Shakespeare Mas player on the island. Population; approx. 6.5K. Size;13sq miles.

The play; **Julius Caesar!**

The practice of this unique and, quite frankly, amazing tradition is still to be found on Carriacou: The Isle of Reefs & Shakespeare Mas.

Present day Mas players, we met with, admitted that they are not completely sure exactly when Shakespeare Mas began. They shared with us their youthful awe on hearing their parents, grandparents and great grandparents, recite

quotes and assume their Mas personas. **They duelled verbally** from the villages, to the battleground of Hillsborough, (Carriacou's main town). In the years of following them, as they honed their mas-craft, and in listening to the oft repeated quotes, almost through osmosis - because it never felt like studying -, they knew the words too! Growing to love, and understand the Mas, then they studied and added to the foundation they had 'inherited' from their elders.

How did the tradition begin?

To understand some of the background of this unique cultural expression, requires a foray into the chequered past of the Caribbean.

It is a journey that reminds us of the **colonial roots of the Caribbean educational system.**

Have you heard of, or do you recall, the ubiquitous school textbook; **'Royal Readers'?** It was an intrinsic part of schooling in the Caribbean and an ingenious avenue, through which British values were cultivated, in its dependencies. Royal Readers pages were filled with works of the great poets, British and European battles and victories. And, naturally, Shakespeare! For many, his works remain the unchallenged pinnacle of English literature and British intellect.

In response to a few more questions, we were regaled with numerous fond memories of this well used text book. Some Grenadians, and we're sure many in neighbouring islands too, still have treasured copies put away carefully, as reminders of their gloriously technicoloured school days!

Temporary possession of one such Royal Readers, unveiled the source of many of the quotes for the Shakespeare Mas! It also informed why, in between passages of Julius Caesar, a factual quote may be interspersed with pivotal historical dates, connected to the reign of Queen Victoria or King Henry VIII, and the battles of Napoleon Bonaparte!

From the past, even more distant past, it is said that there was an Ash Wednesday tradition which allowed slaves the freedom to say anything to their masters, with no repercussions. However, understandably not quite trusting such a seemingly magnanimous gesture, **the slaves would dress up and wear masks to avoid being recognized*.**





The present

Today, the Mas men, women and children, wear colorful costumes and masks, recite lines from Julius Caesar and the history learned and passed on, from the pages of the Royal Readers. **Verbal, then physical challenge, is the status quo.** Faltering, or misquoting, will result in a blow to the opponent's sturdy cape.

We still wanted to know more and we're sure you do too, so we continued our search, with major success!!

Tucked away, in the quiet village of Harvey Vale, we found a **Veteran Mas Player**, who unlocked the joy of Shakespeare Mas for us.

William Miller, born in 1931, sitting on his verandah, was initially a little shy when we asked him to help us understand how Shakespeare Mas was played... But after our observing the time-honoured social etiquette of establishing any family connections, and one's background, (this is a must in Carriacou), the ice was truly broken.

At first a little faltering, but then like an undammed river, they came flowing; faultless

quotes from history and Julius Caesar. He regaled us with them, accompanied by all manner of theatrics,

and smile upon smile, as the words came to him easily and readily. The more he performed, the more he remembered. He was unstoppable!

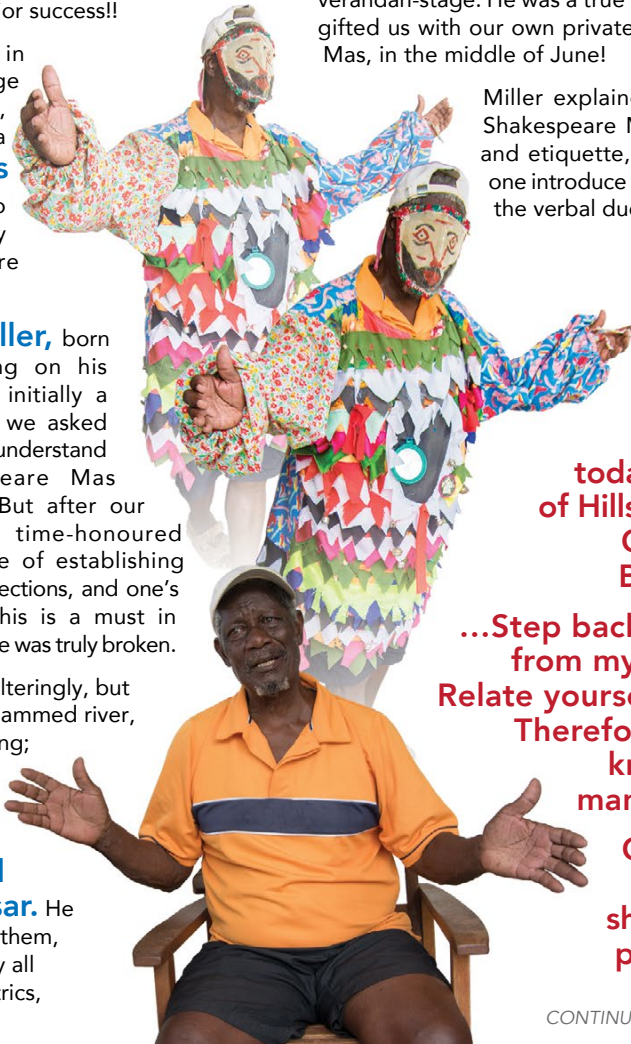
The joy and memories of playing Mas changed this elderly, and seemingly forgetful gentleman, into the renowned Mas Player, he is acknowledged to be, in the whole of Carriacou. Even before he put on his Shakespeare Mas costume, he was already transformed. So, you can imagine, how complete was the metamorphosis, when he agreed to don his regalia, and stepped onto his verandah-stage. He was a true thespian, who gifted us with our own private Shakespeare Mas, in the middle of June!

Miller explained to us that Shakespeare Mas, protocol and etiquette, requires that one introduce oneself before the verbal duel begins;

"Do you know I am Master of Hero today, Owner of Hillsborough, Captain of Brighton..."

...Step back ten feet from my shadow! Relate yourself to me. Therefore, I shalt know what man you are!

Otherwise worms shall be thy petticoat!"



CONTINUED ON PAGE 76



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The future?

Slavery was abolished in 1833. Our tri-island state became independent from Britain in 1974.

Carriacou never ceded Shakespeare Mas!

It has taken a practice, which may have been forced upon it, and transformed it into a proud and unique part of its own heritage.

Will Shakespeare Mas survive?

This depends largely on the Mas' Players and teachers, who understand the priceless value of this Carriacouan tradition, and work selflessly to pass the mantle onto the next generation. A fuller comprehension of **this unique tradition** and the support of our tri-island state as a whole, and the world at large, which rallies **against extinction** in so many forms, can also play a part.

Miller's daughter Faithlyn, is one such protagonist of her island's unique Shakespeare Mas. She has ten budding young players under her tutelage; they braved the curiosity of their school mates and donned their costumes to play their Shakespeare Mas for us, in the school yard. A good trial run, in preparation for the crowds who will listen intently to their renditions on the Tuesday of Carriacou's Carnival!

In the hearts of the current keepers of Shakespeare Mas, it is hoped that today's young players will understand the **profundity and importance of this legacy**, and become its future veterans. Further educating players, spectators and the populace of our entire country, is what is really needed to sustain this precious and unique tradition for generations to come.



The publishers would like to express their profound thanks to William Miller, Faithlyn George and the young Shakespeare Mas players of Harvey Vale Government School.
(Nyle Augustine, Denis John, Leah McFarlane, Nevaeh Joseph & Norlana Herry, ages 9 - 13.)

To quote the Bard; "All the world's a stage and all the men and women merely players; They all have their exits and their entrances;"

Carriacou has provided a stage, a unique stage, that we believe William Shakespeare would have approved of!

Shakespeare Mas made its entrance; none of us, want to see it make its exit; that is not at all **As You**, or we, would **Like It!**

*As one would expect there are various historical practices which are attributed to the birth of and also certain specific elements of the Shakespeare Mas. They are not fully exhausted in this article. If you are inclined to dig further we can promise it will be an interesting journey of discovery.





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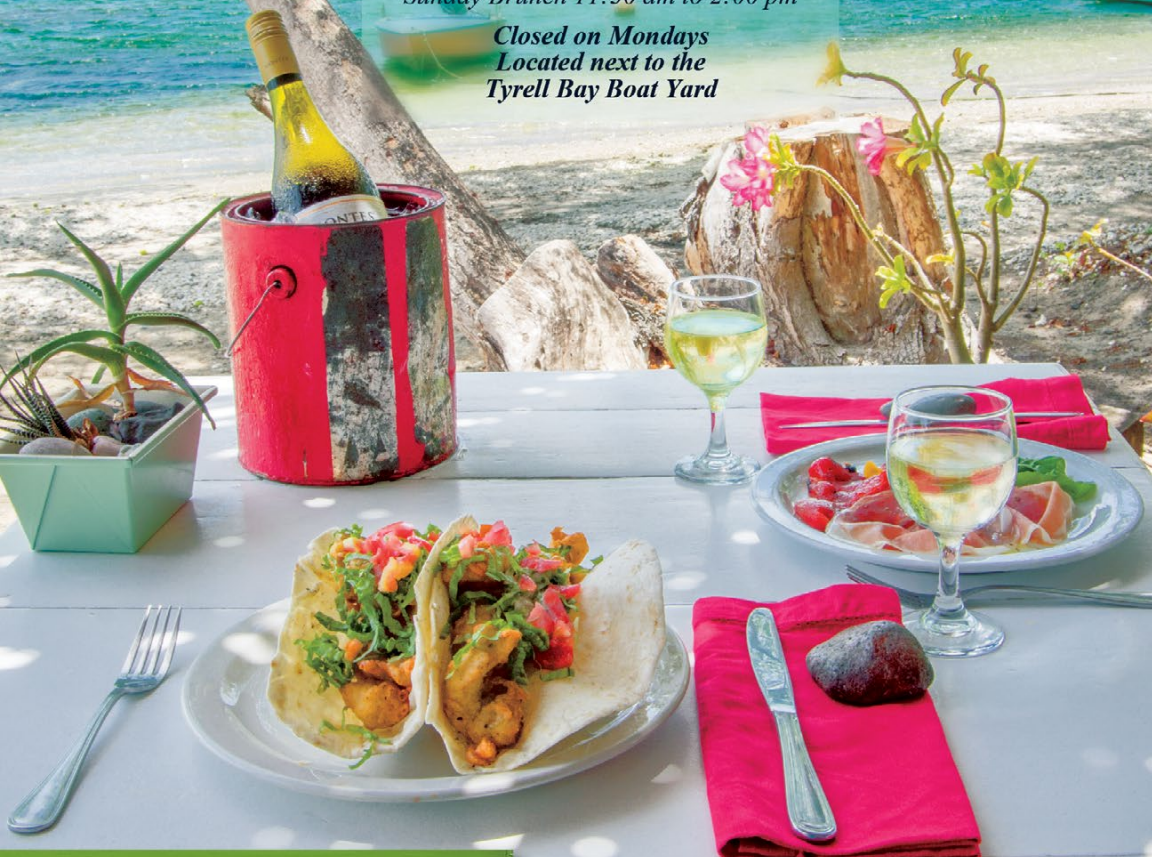
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Lime Curious

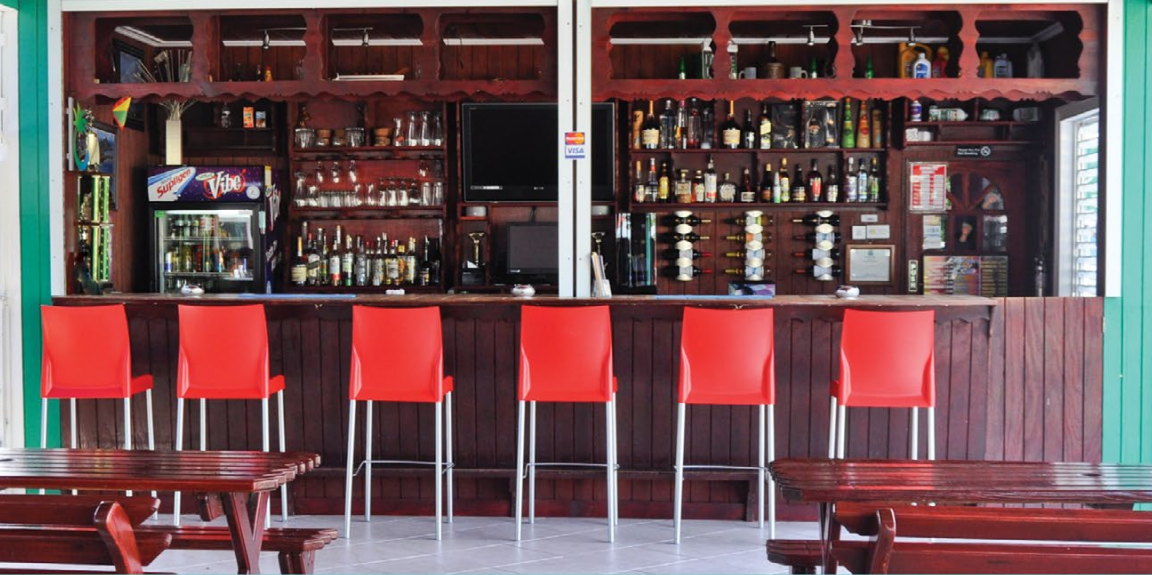
CARRIACOU & PETITE MARTINIQUE

BOAT BUILDING , WINDWARD, CARRIACOU

- **Canute Caliste:** The world famous artist was a prolific, self-taught, painter from Carriacou. He painted thousands of pictures, many of which included the mermaid that he claimed inspired him to start painting at the age of 9. His genre is known as 'naive art' and as well as his muse, the mermaid, he also painted the Grenadian way of life and Grenadian traditions. It is said that Queen Elizabeth II has one of his paintings. Records say he had 22 children and around 100 grandchildren! He died at 91 years of age.
- **Traditions:** Carriacou & Petite Martinique keep their link to their African heritage alive with traditions such as the Big Drum Nation Dance. Some even know the names of the tribes from which their families sprang. The Temne Nation Dance and Temne Songs come from such roots. Further support for this lineage was achieved in September 2016, when a delegation of scholars and government officials visited Carriacou from Sierra Leone, to establish the linkages and ties between the Temne of Carriacou and the Temne of Sierra Leone.
- **1 of 2 Carnivals:** Carriacou has its own unique Carnival. It is held on the Monday & Tuesday before Ash Wednesday each year. This is the only carnival event in the world where you will be able to experience Shakespeare Mas. The first weekend in August, the week before Grenada's carnival, Carriacou holds its Annual Regatta, complete with donkeys and walking the greasy pole! Fittingly for a world-renowned boat building nation, it is one of the older workboat regattas in the region; started in 1965.
- **Boat Building:** Windward is renowned for the boat building skills of its Scottish ancestors, you may find boat building in progress if you have the opportunity to visit the boat yard there. Many of the people of Windward have unexpected and unusually beautiful light coloured eyes which stem from their Scottish roots.

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Here in Grenada you may hear someone say; 'ah goin' to de garden' or even, 'ah goin' in de garden'. No, not I'm in the garden, or I'm going to do some gardening. The person really is... 'going', as in, to a different location.



Shaken & Stirred



'The Garden', is often a euphemism for a **decent size piece of land**, a plot if you like, with the sole purpose of cultivation. Normally, a spot **with prime growing potential**, which is worked assiduously, either as a full-time occupation and if not, is an activity which takes up every spare moment. It may be found up in the hills, or on the mountainside, where the islands volcanic soils are rich and fertile and void of human habitation.

'Going to the garden' is not for everyone, but trying your hand at a little something right at home is perfectly feasible, even for the busiest schedule.

This year was our first sojourn into all the joys, and therapeutic values, that are said to be the reward of gardening! It's absolutely true; tomatoes have never tasted better, rosemary smelt so fragrant, mint been minty-er, or celery more celery-brated!

Of course, there's always 'more in the mortar than the pestle!' Just imagine the increased levels of relaxation resulting from savouring cocktails, specially chosen to utilise our **very own organic produce!** We can personally vouch for the ingredients as **"Grown in Grenada!"**

Yes, we're using them to cook too, but this is Shaken & Stirred! So, we'll share a couple of liquid recipes with you in a page or two!



PINEAPPLE & GINGER MOJITO

INGREDIENTS

6-8	Mint Leaves
1 tbsp	Fresh Lime Juice
2 tsp	Ginger Simple Syrup
¼ cup	Fresh Pineapple Puree
2 oz	Light Rum
Splash	Club Soda
1	Pineapple (<i>peeled, cored and roughly chopped</i>)

GINGER SIMPLE SYRUP INGREDIENTS

¾ cup	Granulated Sugar
¾ cup	Water
¼	Ginger (<i>peeled & thinly sliced</i>)

METHOD

Place all the ingredients in a small saucepan and bring to a boil. Once the sugar has dissolved (it should only take about a minute), remove from the heat and let the mixture sit for 20 minutes. Strain into a jar/airtight container, cover & chill.

PINEAPPLE PUREE:

Place the pineapple in a blender and puree until smooth.

GARNISH

Mint sprig & lime slices

METHOD

In a cocktail shaker, muddle the mint leaves and lime juice.

Add the ginger simple syrup, pineapple puree, rum, and a couple of ice cubes, and shake vigorously to combine.

Pour into a cocktail glass filled with ice and top with a splash of club soda.

Garnish with a fresh mint sprig and a couple of lime slices if you want to impress!



Rosemary & Honey Daiquiri

INGREDIENTS

2oz	Dark Rum
½ sprig	Rosemary
½ oz	Honey Syrup
1oz	Lime Juice
½ cup	Ice

METHOD

Fill cocktail shaker with rum, honey syrup, lime juice, rosemary & ice

Shake mixture and strain into serving glass.

Garnish with Rosemary sprig.

Don't forget we are famous for our rums so you won't be short of choices to take a bottle or two home with you!



Shaken & Stirred

A Sweet Grenadian Tradition



Whether you call it Prickly Bay Marina,

or the Boatyard, all depends on how far back your history with the Spice Isles goes. One thing that's universally agreed, is that this is the **Go-to-Lime**. A visit to Grenada's shores is incomplete if you haven't limed at Prickly! Ask anyone!

Finding us is simple. By land or by sea, our safe harbour - and namesake, Prickly Bay, is found on the L'anse aux Épine peninsular, in the popular south of the island.

If you haven't visited us already you'll be spoilt for choice with our daily activities. If you have visited and already have a

favourite day, we're sure we can help you to add one or two more. After all our motto is; **Today & Every Day!!**

Every Day? That's easy: Freshly baked bread, breakfast - including a typical Grenadian breakfast, you should give it a try! Happy hour, free WiFi, a great sunset & a chat around the Tiki Bar.

We can only assume responsibility for some of these, but feel free to give us the credit for them all!

Friday evening and Prickly Bay are synonymous. A great mix of live music, cool sea breezes, refreshingly cold drinks & cocktails, old and new friends, all help to get you to that TGIF state of mind!

Getting your evening off to just the right start, is the steel pan orchestra - an integral part of Caribbean culture - that's just to reiterate that





you are really here in the tropics! Once the music begins, it's as if the pans are sending a siren's call, and the numbers around the bar & restaurant swell, with each melodic rendition of popular tunes. When a well-known live band follows... you know for sure it's going to be a party night!

Wednesday - it's our famous, sometimes infamous, **BIG BINGO!** It's so popular that we provide a free shuttle bus, to get the would-be winners to our legendary fun evening of unexpected surprises! If we tell you they won't be surprises; so, come and see for yourself. Naturally, there are **BIG prizes**, along with the **surprises**, as well as food & drink specials, to sustain you through all the excitement! You'll be talking about this long after you return home!

Pizza! Hands down the best thin crust pizza on the island, and that's not coming

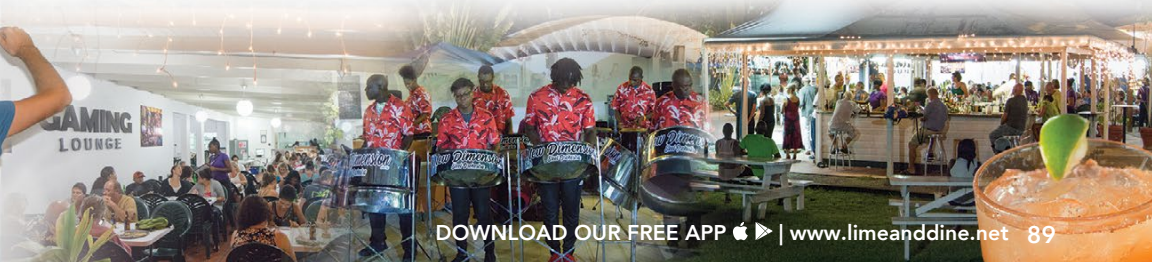
from us. Come and try it, we know you'll agree; **Monday and Saturday, it's Half Price!** Remember, Prickly is all about casual outdoor limin', but if you really have to go inside, we've made some allowance for that too, with our air-conditioned **Gaming Lounge! Open every day!**

One thing is for sure, 'Prickly' is a total melting pot. You can expect to see anyone, and everyone; any and all ages, backgrounds, colours, languages... in Pure Grenada speak, the translation is; Welcome to all, come and enjoy the place & the people. Today & Every Day!

See you soon!

Yes, we did say Every Day! Take a look at, and like us on facebook. Visit our website or check out the Limin' Times on page 14 to fill in the blanks.

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Pure Lime

The Road Less Travelled by...

Connecting with nature and connecting with those around us; this is what makes a truly Pure Grenada experience... take a walk with **writer Kemi Burgen**, as she reveals a popular Saturday afternoon pastime in the Spice Isles

"On, on!" Translation: Keep going, you're on the right track! This is one of the common phrases that you'll hear when hashing in Grenada.

Hashing? What's that? To put it simply, it's the art of engaging in healthy activities - running, or walking - non-competitively - all while **discovering parts of Grenada's lush landscape** that you've probably not seen yet.

The **Hash House Harriers** is a world-wide group who label themselves, "drinkers with a running problem". They take a keen interest in keeping fit and making it fun. This tradition of a weekly run followed by downing a couple of cold ones began in Malaysia in 1938 by a group of British men who started meeting on Monday evenings to run, as a way to work off their hangovers from the weekend that had just passed. (Sounds like a plan for Carnival season!) Hash House, is an ode to the name of the house where the men stayed. A Harrier refers to a breed of hound which chased hares - symbolic of a British game called "hares and hounds" - after which the activity is fashioned.

So, how is it different from a regular walk, run, or hike? Ah! Let's get into the nitty gritty of it. Many of the routes that the group will take are set on what can be considered as **'the road less travelled by.'**

The 'hares' are in charge of setting the trails for each week. They mark the routes with heaps of shredded paper to help you find your way. Perhaps, the most attractive part of hashing is having the opportunity to experience parts of Grenada that aren't on the average person's bucket list. This is a trek off the beaten path. A breath of fresh air. A discovery. **A new adventure for locals and visitors alike.**

Being submerged in Pure Grenada; the natural environment, community life, children waving from their verandahs in delight, as the group passes by. Crossing rivers, navigating through

island vegetation, uphill, downhill, over the road and to the finish line. Then, the action really starts!

Now that the running bit is over, let's talk about the lime that takes place at the end of the trail - maybe, no let's be fair, definitely, for some the main event.

Once the trail has been conquered, the award ceremony begins. "Hash Virgins" take centre stage for a "special" initiation celebration (sorry the only way you'll find out what it is, is when you join us!) and receive a certificate of participation. Those who have been caught breaking the rules of the hash are singled out and penalised, and birthdays, or other special occasions, are celebrated by the group. Once that's done, hashers are invited to stay and have a few beers, **socialize and enjoy each other's company.** This usually happens at a bar in the community, so that the group can give a little economical boost to the area that they've just explored.

Hashing can be considered an all-round healthy experience. Exploring authentic, untouched sites all around the island, while having the opportunity to join in on celebrations of the group's members, and engage in a bit of friendly ole' talk, surely brings about a sense of physical and mental wellbeing.

A great way to spend a Saturday afternoon in Pure Grenada!

Did you know
Grenada's Hash House Harriers is one of the largest hash groups in the world - with approx. 300 regular Hashers participating each week?





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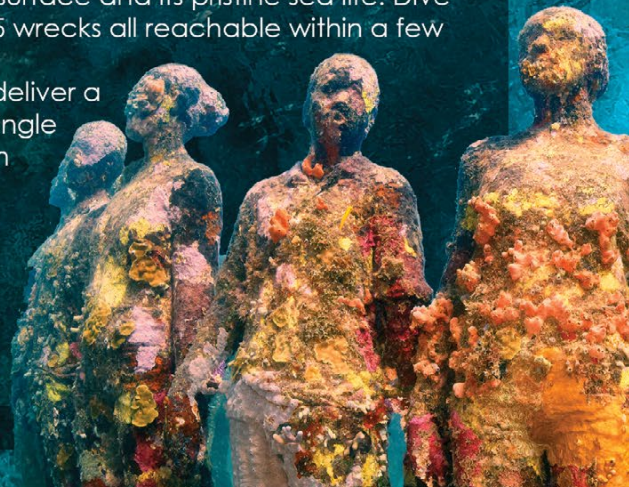
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Grenada; Charming & Unique

Known as the 'Spice Isle' due to its abundance of tropical nutmeg, cocoa & cinnamon, Grenada has a rich and diverse culture that celebrates everything from food and chocolate festivals, to music and rum festivals! Not forgetting the most important of all, Grenada Carnival, Spice Mas; a colourful mix of calypso music, vibrant street parades and J'ouvert celebrations. Grenada also has a strong connection to the sea, from the days of traditional boat building, to today's fishing villages that supply the local fish markets.

Fish Friday is held every week in Gouyave, the fishing centre of the island. Here you can try tasty fish and seafood dishes, from the various vendors.

A spectacular event is the Grenada Sailing Festival in February - particularly the Workboat Regatta- where brightly painted wooden boats, with traditional bamboo rigs, race off Grand Anse Beach and celebrate in style, with big parties, long into the night.

There is so much to do and see; from the mountainous cool interior, to the sizzling heat of the sandy white beaches. Grenada is an appealing mix of unspoiled land and seascapes. Hike in the rainforest amongst tropical flowers

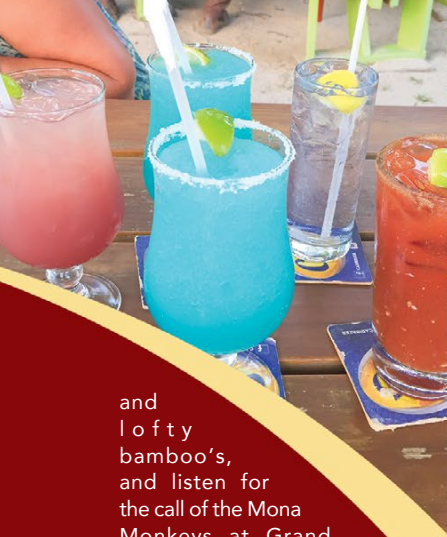


SAILING - SNORKLING



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and lofty bamboo's, and listen for the call of the Mona Monkeys at Grand Etang Lake, then cool off in one of the many waterfalls. If the sea is calling, then you can journey under the waves and discover another world at the breath-taking Underwater Sculpture Park, at Moliniere Point, by sculptor Jason De Caires. Or try river-tubing through Grenada's scenic interior.

Whether you are liming at the local rum shops, or dining at fancy restaurants, in Grenada you will find a unique charm, with stunning scenery and the genuine smiles of warm friendly people.



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Lime Curious

ST. DAVID

- **St. David:** The only parish in Grenada which doesn't have a town.
- **Galby Bay:** Found on the south-east coast of Grenada, in the parish of St. David. You have to want to find this beach, the road is pretty bumpy so 4x4 vehicle is recommended, but it's worth all the effort! Once there you will see the breathtaking "Galby Window", an aptly named structured formation etched into a nearby peninsula, by the power of the sea. The natural ambience of this location is enhanced by cool ocean breezes and the crashing of the waves on the beautiful rock formations at the shores edge.
- **Red Gate Shop:** You can't miss it! This is a melting pot, limin' stop, by the Red Gate roundabout in St. David. It epitomizes the part of Grenadian culture which holds all men as equal when making a local shop lime - doctors, politicians, market vendors, tradesmen, gardeners, farmers and the list could go on because

basically all are welcome and their opinions considered and commented on... It's also the perfect location to watch the world go by, as it is on the main thoroughfare from South St. George to Grenville town. A.T., pronounced Eh-T, the proprietor, is the perfect host, mediator and a gentleman! Point to note; BBQ pigtail and other delights are on sale across the road from the shop on Wednesday afternoon into the evening, to make the lime even sweeter!

- **Jab Village:** Grenada's most renowned Jab Village is found in Morne Delice, St. David - Jab Jab is 'we Grenadian ting'. See page 32 to understand the background of Jab. As you might imagine this becomes a hive of activity in the pre-carnival and carnival season in Grenada. Be ready for lots of energetic activity & oil, if you decide to visit (and maybe a snake or two)!



GALBY BAY, ST. DAVID



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Lime & Dine

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The straight lines of this resort are not harsh demarcations between it and our island's natural beauty. It's not a competition, it's a collaboration with nature's perfect balance, complementing it by design, rather than rivaling or attempting to subdue it. The result is a blend into the natural aesthetic, using colour, light and shadow. From the seashore, the upward slope of the buildings gently undulate, into the verdant mountainous terrain of our islands interior. Then conversely, they fan forward almost seamlessly, to meet the white sands of our world renowned, Grand Anse, beach. The result is understatedly magical!

The landscape is the 'superstar' of this piece, and the resort is a stunningly outstanding support act!

N.B If you haven't noticed this as yet, take the time to view this Beauty from the beach. Turn your back to the sea, for a few moments, and look up into the hills. Even if you're not staying there this trip, visitors are very welcome. A perfect spot for lunch, dinner, or a sundowner, watching the sunbeams dance their final act, across the Caribbean Sea, before velvety darkness and star studded skies, don their luminescent mantle.

At the other end of the spectrum, we also applaud the **meticulous and painstaking work which is required to preserve the past**, with just a few elegant touches of modernity. Beautiful examples of this

It defies the imagination to think you could get more relaxed than you are already. But believe us, the limin' & Lime Inn choices, on our Sister Isle, Carriacou, are not to be missed!

can be found in the parish of St. Mark, at **Mt. Edgecombe Plantation.**

If you take the time to visit, you won't be disappointed. The plantation, which produced muscovado sugar, molasses, and rum in the 1800's, migrated to nutmeg and cocoa production from the 1830's - 1940's; it still produces cocoa.

The original 'Spice House' has been converted into the fittingly named Nutmeg Rooms, and provides one of your options to Lime Inn. Grounds, boasting numerous fruit trees, a spice trail, and a perfect ocean view, accompanied by gorgeous sunsets, are all reasons to add this to your 'must see' list. Organic produce, grown on the estate, will be served for dinner, and the estate chickens promise the freshest of eggs for your breakfast!

You can go for the day, but why not experience a few nights away from the relative bustle of the south of the island. What bustle? We did say relative!

You're right, we went from one extreme to the other! Don't worry, we also have **luxury self-catering villas, and stylishly modern self-catering apartments**, all with fantastic views, amongst your choices to Lime Inn. Turn over the page and see for yourself!

It would be totally unforgivable if we didn't **share another unique level of relaxation.** See page 66. We implore you to fit in at least a night or two; we promise you won't regret it!



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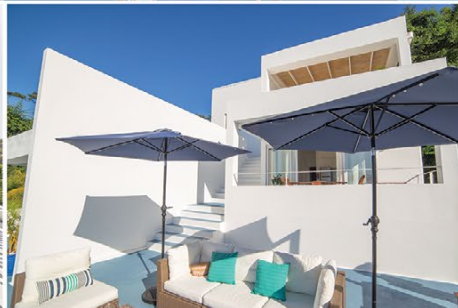
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Lime Curious

ST. MARK

EAST COAST VIEW FROM THE SUMMIT OF MT. ST. CATHERINE

- **St. Mark:** The smallest parish in Grenada - nine square miles - on the north-west coast of the country.
- **Mt. St. Catherine:** Grenada's highest mountain, approx. 2757 feet (840 metres), is in the parish of St. Mark. If you would like to climb it, it can be approached from the eastern side, outside of Grenville, St. Andrew or from Victoria, St. Mark. When approaching from Victoria, guides can also take you to Tufton Hall Waterfall, the highest waterfall on the island, halfway between Victoria and Mt. St. Catherine.
- **Food Fest:** On the last Saturday of each month, St. Mark's main town, Victoria, holds Sunset City Food Fest. The small community joins to enjoy good local food and one another's company. Visitors are very welcome to come and enjoy both! Local fayre for sale includes; bakes, figs, breadfruit, farine, various local fresh fish, Oildown (Grenada's national dish), roti, callaloo soup, crab, lambi, tania log (a porridge made from the root crop of the same name, tania), and homemade ice cream.
- **Chocolate:** St. Mark is home to 2 of Grenada's 5 chocolate makers. Crayfish Bay Organic Cocoa Estate & The Diamond Chocolate Factory (makers of Jouvay Chocolate). The Diamond Chocolate Factory is housed in a converted rum distillery built by French monks, which is worth taking a slight detour to visit.
- **History:** Take note of the architecture of the churches and buildings as you go through the main town of Victoria. Further evidence of the parish's history can be seen by visiting Mt. Edgewcombe Plantation.
- **Carnival Queen 2019:** Ms. Odessa Merryman, from the parish of St. Mark. Congratulations! This is the first time in many years that a Carnival Queen has hailed from Grenada's smallest parish.

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But we all know that the seeming effortlessness of the BIG day is achieved by the hard work behind the scenes. The good thing is you only have to imagine it, and the wedding planners here, will look after every detail for you. That means that your only tasks will be those required by law and of course, those 'requested' by your loved one! (No, you're definitely on your own with those!)

If you don't have a clue where to start, your planner can provide you with numerous options and pre-wedding consultations, to make sure that no detail is overlooked. Obviously, you're both already perfect for each other, but if you also want to be picture perfect, we've got that covered too. Capturing the memories of your BIG DAY, to be looked at again and again over the years, is imperative.

You can share the fun stuff with your wedding planner; venues, décor, theme, food, drinks, music, flowers, hair & makeup... we'll share the technicalities with you. Here's what you will need to know, and have ready before you arrive, especially if you're not using a wedding planner or resort:

Three-day residency is required in Grenada before you can apply for a marriage license, which takes 2 to 3 working days to process. Come a few days earlier, you won't regret it. There are lots of things to do and see, or just use the time to chill into GMT (Grenadian Mean Time). Have a peek at our Pure Lime section (see page 88) or Limin' Time (see page 14), if you want some ideas.

You will need: valid passports, birth certificates, Decree Absolute divorce papers if applicable, single status affidavit, deceased's death certificate, if you're widowed, legal proof if a name was changed by Deed Poll. If under the age of 21, written parental consent by way of an Affidavit from a Lawyer or Notary Public.

Coming Home!

Suddenly, after all that waiting it's here! You thought the time would never arrive? You've been dreaming and 'ole talking' about it forever. And you bought your piece of land, with a view, a long time ago and have been building, 'piece, piece' as we say.

So, if you haven't started looking at further available incentives as yet, it's time to

The indescribable, multitudinous hues of blues and turquoises of the ocean, shimmering sunbeams dancing over the water as the sun begins its descent, the golden sand between your toes, a gentle breeze... your carefully chosen music, rendered with true Caribbean intonation, on the melodic steel pans, accompanied by the sultry tones of the saxophone... the beginning of your very own;

Happily Ever After!

Photography courtesy of Andy Johnson - www.500px.com/andyjohnson



contact the Ministry of Finance. You come home every year, so yes there's time to do some of that boring necessary stuff and forgo a few days on the beach. When you get here for good, you can beach walk and lime fuh so... (see Limin' Talk page 6)

Keep in mind that time brings changes. There are goods and services that previously you might not have dreamed available or affordable here in Grenada including; fitting and fixtures and even soft furnishings and ornaments for getting the house looking more like your home. Other facilities include private healthcare with state of the art equipment, and air and ocean freight forwarders, who can do nearly all the work in bringing your possessions and online purchases into Grenada. You're on the right pages, keep turning...

A highly important point for coming home; barbers officially outdo the hairdressers, hands down, for 'ole talking', politicking, pertinent island macociousness, and all official news updates. You don't just go to get your hair cut, it's an outing, a bona fide boyz lime, expect it to take time!

Inspite of all of the above, the haircut however, is actually a point of honour, especially the 'rounds' (see Limin' Talk page 6)

Greenz Culture

If you're not coming home, but you're making us your home for a while, there are a few tips that can help smooth some of the 'settling in' process. You might find some every day practices feel like they belong to a bygone era. However, we can promise that your awareness of these cultural nuances, are important in the community and will really help you to become part of it.

'Good Mornings' and 'Good Evenings', stopping to give each other the time of day, introducing ourselves, even if we feel we are private individuals, letting our neighbours know us a little, doesn't hurt. In fact, it often turns out best for everyone, both for future good relations and even safety. Oh, yes, and don't forget if you have anything growing in

the garden and there's enough to share, then share; we love that!

We live on an island, but none of us has to be one!

The Sunday lunchtime of yesteryear may eventually take its place in Grenadian folklore. More and more of us cannot juggle our busy working life with the once obligatory; macaroni pie, stewed chicken, red beans, with some pigtail for a little additional flavour, salad, rice... just the list alone tells you why!

Eating out or takeaway, even on Sunday, is firmly here to stay, and there are lots of options (see Foodies Lime page 26)

The mandatory move to more eco-friendly take away containers has been somewhat of a soggy journey, whilst our friends in the hospitality & food industry looked for viable alternatives to the strongly entrenched polystyrene containers, that we believed we couldn't live without. Looks like we might be on the right track now though. Corn starch containers! Poly Lactic Acid (PLA) made from renewable resources such as cornstarch or sugarcane.

No one is heralding it as the perfect solution, only nature can provide that. Right now, the availability of PLA packaging materials is the first step in reducing packaging waste and helping the environment, on a global scale. So, we're in good company!

Ok, here's a tongue in cheek suggestion - what about more cooking at home? A good fish waters, or even corned beef and pasta is acceptable! (Neither requires the traditional Sunday lunch hourage). But it could be a dedicated Limin' & Dining, family moment ;)

Don't lynch us, it's just a suggestion!

All you have to do is say...

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Planning with you is key to understanding what you want for your Big Day. Share your vision with us and then concentrate on enjoying every precious moment together. We will make the rest of the magic happen for you!



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St. George
440 - 2937 / 440 - 4485

Grenada Hotel & Tourism Association (GHATA)
Morne Rouge, St. George
444 - 1353

Grenada Investment Development Corporation (GIDC)
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444 - 1033-35/40

Grenada Tourism Authority (GTA)
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440 - 2731

GRENADIAN RESIDENCY & CITIZENSHIP

You can apply for permanent residency in Grenada after living here for two years.

You can obtain application forms and also the other supporting documents you will need to provide, by contacting the Prime Minister's Ministry.

You can apply for Grenadian citizenship if you are:

- An individual born of Grenadian parent(s)
- An individual married to a Grenadian citizen
- A permanent resident of Grenada living in the country for a minimum of 5 years.

Application forms, supporting document(s) list and fees can be obtained from the Prime Minister's Ministry.

If you're ready to come back home you may wish to visit the Ministry of Finance, to see what incentives/concessions are available to you.



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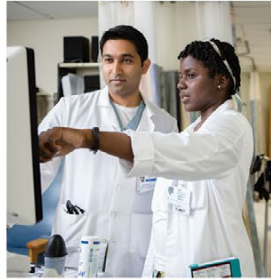
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Lime & Furious

ST. ANDREW

- **The Big Parish:** St. Andrew is the largest parish in Grenada and home to the country's second 'town', Grenville. It has an all day market on Saturday. (St. George's town market is half day on Saturday). Persons from other parishes, including St. George will make the journey to shop here for great produce, fresh fish and good prices.

Bus drivers plying the St. George to Grenville route may still shout out 'La Baye' to attract passengers, as this was Grenville's former French name.

- **Sir Eric Matthew Gairy PC:** Born in the parish of St. Andrew. He was the first Prime Minister of Grenada, after it gained independence from the British on February 7th, 1974. He was seen by many Grenadians as a working-class hero, and was affectionately known by them as 'Uncle'.
- **Grand Etang:** An extinct volcanic crater lake, found in the middle of

Grenada's rainforest. The lake falls under the parish of St. Andrew. Some find its' stillness a little eerie and quickly descending mists also lend it an air of mystery. It is worth taking a drive through the island's rainforest and enjoying the great variety of flora and fauna to be seen in the Grand Etang National Park, as well as the lake itself.

Grenada's Mona Monkeys are most likely to be seen in this habitat.

- **Pearls Airstrip:** Located in Pearls, St Andrew, it was formerly the site of Grenada's main airport. Relics of Russian aircraft can still be viewed here. The airstrip provides a location for drag racing events in Grenada and kite flying, particularly during Easter, as well as grazing cattle and sheep all year round!
- **The Tivoli Drummers:** Named after their village, which is in the parish of St Andrew, just before crossing into St. Patrick. This group, which had its start in 1995, has become famous



GRAND ETAND LAKE, ST. ANDREW



A TIVOLI DRUMMER

island-wide, and a must at cultural events in Grenada.

Drumming is part of the African ancestral heritage of Grenada and the Tivoli Drummers have created their own unique style of choreographed drumming and dancing which leaves audiences enthralled. They have also taken their art form of drumming and dance to other communities and schools in the Caribbean and in the Diaspora.

The group currently has 30 members, with over 20 of these falling between the ages of 5 to 17 years old.

- **Chocolate:** Crochu, St Andrew is home to the newest and smallest of Grenada's bean-to-bar chocolate producers. Tri Island Chocolate.

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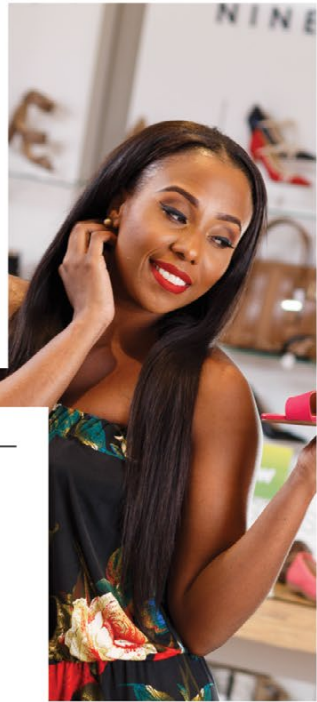
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71	Bogles Round House, C'cou	443 7841
30	Carbet Restaurant	444 4129
99	Chefs Castle Restaurant	440 4778
29	Coconut Beach Restaurant	444 4644
95	Corsair Sailing Charters & Experiences	415 8665
38	Dodgy Dock Restaurant & Bar	443 8783
3	Grenadian Grill	533 8888

39	House of Chocolate	440 2310
9	Island Fever - Tropical Tavern	444 2400
9	Lightship, The	444 2400
31	Mmm by Mark B	420 1497
109	Mt. Edgcombe Plantation	422 3712
75	Off the Hook Bar & Grill, C'cou	533 5242
86 & BC	Prickly Bay Marina	439 5265
35	Punj-Abi Restaurant	420 0202
3	Puro	533 8888
110	Secret Harbour Restaurant & Bar	435 4439
42	61 West	534 4661
79	Slipway Restaurant, C'cou	443 6500
43	Umbrellas Beach Bar	439 9149
47	Victory Bar & Restaurant	435 7263
81	Waynes Sports Bar, C'cou	443 6120
47	Yolo Sushi Bar	435 7263

Page	SHOPPING	Tel
92	Budget Marine Chandlery	439 1983
51	CK's Super Value	444 1800
IFC	Colombian Emeralds International	230 1023
IBC	Duty Free Caribbean	230 1025
98	Esplanade Mall & Bruce Street Mall	435 8372
99	Excel Plaza	439 0901
55	Food Fair Supermarket	444 2573
117	G & G Interiors	440 0015
20	Harry Edwards Jewelers	435 7182
39	House of Chocolate	440 2310
56	Real Value Supermarket	439 2121
126	Southern Electrical Co Ltd.	444 3042
102	Spice Isle Jewellery Mfg. Co. Ltd.	440 3155
127	SwiftPac	440 6100

Page	LIFESTYLE BUSINESS & INVESTMENTS	Tel
111	AllyDay Creative Projects Ltd.	443 5568
115	Beautiful Weddings, Grenada	406 7526
117	G & G Interiors	440 0015
57	Grenada Airports Authority	444 4555
118	Grenada Investment Development Corporation	444 1033
119	Grenreal Property Corporation Ltd.	435 8372
120	Guardian General Insurance (OECs) Ltd.	440 3099
121	Republic Bank Grenada Ltd.	444 2265
H 11	St. Augustines Medical Services Inc.	440 6173
122	St. George's University	444 4680
127	SwiftPac	440 6100



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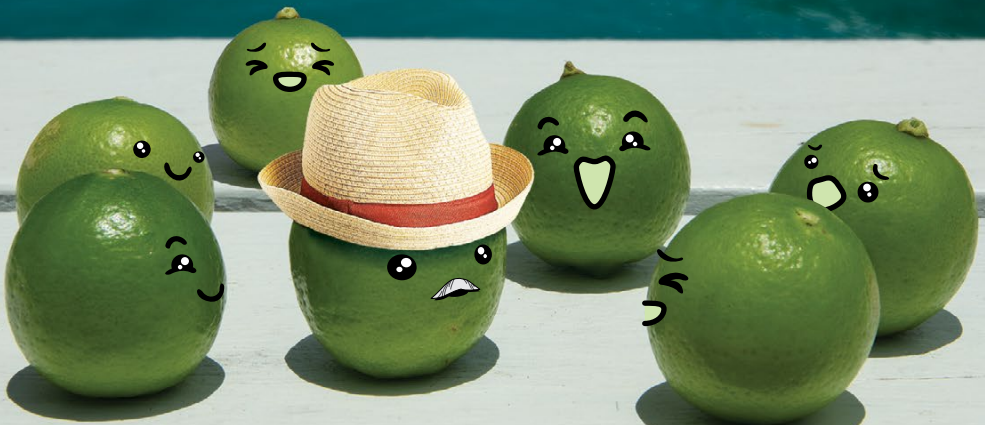


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